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ABOVE:

Primary school pupils have joined forces to launch a school

parking campaign. Pictured from left to right: George Knight, Caerau; Saffron

Powell, Cwmfelin Primary; Ioan Davies, Cwmfelin; Sam Davidson, Cwmfelin;

Lola Homeward.

Cwmfelin: Joel

Glowacki, Caerau;

Milly Page, Caerau;

Paige McCluski,

Caerau; Ellie Austin,

St Marys and St

Patrick, and Ioan Davis, St Marys and St

Patricks.

(SEE PAGE 4 FOR

THE FULL STORY).

THURSDAY, OCTOBER 13TH 2016

GEM HOMES & GARDENS Page 19

The Glamorgan GEM are about to make getting the latest news from the Vale and end much easier.... November 1

REDUNDANCIES AT **BRITISH AIRWAYS?** Page 24

CHRISTMAS PARTY GUIDE Page 25

Cars and kids do not mix! Pisase park away from our school

COURT HEARS OF 'DRUNKEN INCIDENT'

20 months jail for **Bridgend woman**

throat of her partner with an art knife during a drunken incident, has been jailed for 20 months at Cardiff Crown Court.

Deborah Pugh (48) was told by Judge Eleri Rees that the reality of the situation was that she was fortunate not to be facing a "much more serious charge"

"You took a weapon to slash his throat"

that only immediate custody could be passed.
Pugh, of Maes Glas, Ynysawdre, Bridgend,
admitted wounding Richard Carr.

Prosecutor Eugene Egan said the couple had been in a sometimes volatile relationship for eight

On August 24, police went to Mr Carr's address and saw Pugh outside.

She said she needed help and that they had had an argument. She added that Mr Carr had gone to his bedroom, expressed suicidal thoughts, and cut his wrists

'She had then cut his throat," said Mr Egan. When arrested, she was "severely intoxicated" and said she had little recollection.

Pugh was said to have one previous conviction for a public order offence.

Her solicitor Adam Sharp said: "I acknowledge

the offence was serious. The scene in that bedroom was utterly chaotic."

He said there had been no premeditation, and Pugh had carried out just one act.

Woman spotted a burglar leaving her house.

SEE STORY PAGE 3

REPORT by AJ SICLUNA

He said she had had a difficult life, and suffered domestic violence in a previous relationship, and had made attempts on her own life after taking an overdose.

He said Mr Carr was actively trying to resume the relationship, and did not wish for a restraining order to be made.

"He is very supportive of her. If she receives a Her conduct was so serious, said the Judge, custodial sentence, she will not be able to return to her address and would be homeless

POLICE APPEAL AFTER TWO INJURED IN CRASH

THE South Wales Police are of Wales, where his condition is a serious collision at approximately
4pm on Friday, October 7, on the 4pm on Friday, October 7, on the A4106 Tythegston road, just before the A48 roundabout, Bridgend.

A spokesman said: "A blue Dacia Sandero vehicle had travelled from the general direction of Porthcawl towards the A48, mounted the offside kerb and collided with two 19-year-old male pedestrians who lived locally.

hospital, Bridgend. "The 49-year-old driver of the Dacia is currently assisting police with their inquiries. South Wales Police would like to thank the people affected by the closure for their patience and understanding."

They are appealing to anyone with information to contact the serious collision investigation unit on 101, or





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· Letters and e-mails MUST include your FULL address and a contact telephone number.

An email address alone is not sufficient!

We reserve the right to edit all letters. We do NOT accept anonymous mail.

Macmillan says

ACMILLAN Cancer Support in Wales would like to extend its thanks to your readers for their incredible support of this year's World's **Biggest Coffee Morning.**

Now in its 26th year, thousands of coffee mornings were held in schools, workplaces, community centres and homes all over Wales on and around Friday, September 30.

We have loved seeing so many fantastic photos of cakes over social media. This year has seen

Lest we forget... those who went over the top

N October 7, the British Legion, those who died in that war and privileged to subsequent wars My wife and I are return to the members of the memorial at Cowbridge branch of the Thiépal on the Royal British Legion Somme, which and as the launch of the commemorates the appeal takes place, I urge all of you to buy names of over poppies and remember 72,000 of those who my grandfather', and all died in the Battles the other men and of the Somme women who gave their between July 1, lives so that we could live as we do 1916 and the end of that battle in today...sadly the lessons of war have not been November of that vear. In the afternoon of

A simple service is held daily, with the Last Post being sounded, and October 7, we visited Mametz Wood and the Welsh memorial. All the I was able to lav a wreath in memory of my grandfather, who had cemeteries and memorials are very 'gone over the top' and was killed on October 7 moving...worth a weekend visit! 1917...just 100 years ago to the day. At this time of year, Christopher L Pollard,

Lest we forget

model of council

representation, which

rewards the careers of

the party faithful whilst

crippling the rest of us

with ever-increasing tax

bills - and ever-reducing

levels of service - whilst

denying us electors a say

When will the Welsh

electorate wake up from the 1980s, realise that

King Coal is dead, and

vote for a party that will

address our accelerating

decline, in relation to the

rest of the UK?

on the issue.

OBE.

Bloated councils

system continues

Cowbridge

O Corbynite

Drakeford, AM

Mark

decided to put the

before those of the

electorate, by this

time ignoring the

evidence of the

Commission to

impose a reduction

the bloated, inefficient

We will continue with Ian Williams,

in the number of

Welsh councils.

Williams

has yet again

interests of the

Labour Party

some wonderfully creative cakes and events. But more than that, we have loved seeing families, friends, colleagues and communities coming together for a coffee, a slice of cake and a chat, in support of Macmillan.

The World's Biggest Coffee Morning is Macmillan's main annual fundraising event. Last year, we raised more than £26m - a total we hope to have beaten in 2016.

One in three of us will get cancer, with more than 130,000 people in Wales currently living with and beyond cancer

The money raised will help us continue to provide services in Wales, including funding our nurses, physiotherapists, welfare benefits advisers and our information centres in some of Wales' hospitals, as well as campaigning for better cancer care for patients.

Susan Morris.

Head of Services for Macmillan Cancer Support in Wales.

What is Bridgend Council doing?'

a reader's ode

Y comment on the controversy over Bridgend indoor market is below. The markets are part of a country's culture all over the world. I try to visit the indoor markets in any country I visit.

What is this council doing? The Indoor British Markets

I miss, the covered markets, scented chestnuts

And, too, the earthy vegetables, their boxes held with wires,

I miss, the Welsh language brogue, local accent

I miss, the pipe tobacco scent, indoor café, builder's brew,

The fragrant peas and faggots, basins filled up

A little dash of vinegar in and careful now, it, I miss, the pet-shop puppies, budgerigar

fledgling, antic,

Cobbler's awl-a-striking, looking back, not just The gory sawdust butchers, the bakers' honeyed

Displays of seasons flowers, 'Jaffas', local apples and pears.

Crinkly, brown, paper, carrier bags, their handles of soft string,

One each hand on Saturdays, numbing fingers 'till palms sting.

The cockle woman sold too her laver bread, at the main door

There the pretty china, was stacked from top shelf, to the floor. Places, of unique atmosphere, slabbed floors

and, gleaming stalls,

I miss a hwyl*, in all greetings and even the

tiles upon your walls.

(* Hwyl meaning 'fun') Mrs E M Harrison

ST ILLTYD'S CELEBRATES HARVEST THANKSGIVING





Sunday. The choir was outstanding and the floral and edible decorations were beautiful and imaginative.

Church in the Parish of Newcastle,

Bridgend, for Harvest Thanksgiving last

Father David Lloyd, vicar of St Illtyd's, said: "The best thing of all, though, was the incredible generosity of the congregation in their gifts of new clothing, food and toiletries for the homeless charity

The Wallich. I am so proud of my people. "Each time I ask them to give to a good cause, I am overwhelmed at the response.

"Our homeless men and women cannot receive from Foodbanks so we've made The Wallich our main local charity.'

After preaching about the need to share, the sight of so much high-quality produce and warm clothing was quite an emotional one for the Vicar! He is clearly preaching to the converted!

Traders wanted for Christmas market

TRADERS who sell quality home-made crafts, jewellery and other products are wanted for a Christmas Artisan Market that will be held on Caroline Street in Bridgend town centre, from November 26 - December

There will be 25 wooden chalets available. To register an interest, please contact Rhiannon Kingsley, the Town Centre Manager at Bridgend County Borough Council by calling 01656 815225, or by emailing rhiannon.kingsley@bridgend.gov.uk

Pink and perky in Ogmore Vale!



OGMORE AM Huw Irranca-Davies has added his support for women affected by breast cancer by dressing up in pink and encouraging people to take part in the fundraiser, wear it pink, on Friday, October 21.

Wear it pink is back for its 15th year, calling on supporters across the country to add a flash of pink to their wardrobe for the day and raise

money for Breast Cance Now's life-saving breast cancer research.

Assembly Members wore pink to encourage people across Wales to get involved and help the charity's drive towards its ambition that, by 2050, everyone who xdevelops the disease will live.

Sign up to wear it pink on Friday, October 21 to support Breast Cancer Now's life-saying research. For more information or to register, visit www.wearitpink.org

HIGH TIDE TIMES

(UNTIL OCTOBER 20) The high tides listed in this week's GEM are those in Porthcawl. It should be remembered that along the coast, high tide times will vary. For instance, in Barry, the high point will be 20 - 25 minutes later

,	viii ve 20 –	23 munu	ues uuer.	
DATE	Time	Ht	Time	Ht
	AM	M	PM	M
13 Thur	04.39	8.5	17.07	9.1
14 Fri	05.31	9.3	17.58	9.8
15 Sat	06.19	9.9	18.42	10.4
16 Sun	07.04	10.5	19.27	10.8
17 Mon	07.47	10.7	20.12	10.9
18 Tues	08.32	10.7	20.54	10.7
19 Wed	09.14	10.5	21.42	10.4
20 Thur	09.59	10.2	22.27	9.9
While The	GEM makes	every eff	ort to check t	he
accuracy of tide tables we recommend that anyone				

putting out to sea, or walking in an area where they could be cut off, should check with a tide table specific to their location.

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COUNCIL IS **AIMING TO** EXPAND PLAN TO INCREASE CAPACITY AT AFON Y FELIN

Primary "going strength strength", Bridgend Borough County expand capacity.

members help Cabinet agreed to start a public predicted demand for consultation over a places at the school in proposal to make a future years.

'regulated alteration,' so that intake in the reception age group rises from 15 to 18 pupils from April 1, 2017 onwards.

The school has room.

to accommodate greater The school has room numbers without any building work being needed, and the knock-on effect would lead to the school's overall capacity increasing to 131 pupils between the ages of four

said: "I have been colour coordelighted to see the major categorisation system. turnaround at Afon y

y Felin in the past couple School of years. From being a from school that was rated by Estyn as needing significant improvement it is now a school where more parents than ever Council is planning before want to send their its children.

"This proposal will to meet agreed to start a public predicted demand for

parties

POW's Leanne is among the finalists for a

members of staff are in the finals of this year's prestigious Royal **College of Nursing** in Wales Nurse of the Year awards in Cardiff next month.

Dedication to Princess of Wales Hospital has led to Care Support Worker

has evolved over the years as the ward has changed - this is now a shared care ward.

important personcentred care is and my role as a dementia champion helps with

Leanne was instrumental in Ward 18 working with Pendre Day Hospital on the transformation of a courtyard into a sensory garden for patients.

'It will really come into its own in good weather when we can use it for various activities.

real practical benefit."



interested

In June 2015, Estyn inspectors noted that outstanding progress had been made at Afon y Felin since its last full inspection report in 2013 while earlier this year the school achieved the Coun Huw David, yellow category status in BCBC's new Leader, the Welsh Government's said: "I have been colour coded

coveted award

FIVE ABMU

patients on Ward 18 at Leanne Adamson being a finalist for the Health of the Year title.

She said: "My role

"We know how that.'

"I am very proud we've been able to create something with a



Leanne Adamson.

Charity shop

launches 'Big

Bag Challenge'

PORTHCAWL'S Age Cymru charity

shop is asking local residents to take part

"If you're planning on having a clear out, why no

donate your unwanted items to your local Age Cymru shop?" says Age Cymru's Retail Development Manager Ruth Jones.
"We accept clothing, shoes, books, accessories or homeous and the programment Age Cympus shorting the programment of the Cympus shorting the computer of the Cympus shorting the cymp

"Your donation will help support the work of Age Cymru and our mission of improving the lives of

older people across Wales by tackling issues such as poverty and elder abuse." she explained.

homeware at Age Cymru charity shops.

Householder spotted burglar as he left premises

A MOTHER of two, who was a victim of a burglary when she and her family were at home, told police she had "cold shivers" after spotting the burglar

At Cardiff Crown Court, Christopher Morgan (23) of Park Street, Glyncorrwg, was jailed for three years after he admitted two charges of burgling houses in Maesteg. He had asked the court to

take into consideration 36 offences involving burglaries

Report by AJ SICLUNA

jailed for six months after admitting two charges of handling property stolen from the premises and possessing amphetamines.

Mark Battrick, prosecuting, said the first house to be burgled was in Herman Road. Entry had been gained by the lock being drilled out and electrical and household items worth £500 were taken.

Some of them were later recovered from Boast's garage. and attempted burglaries.
Gareth Boast (45) of Margaret Street, Maesteg, was 'recovered from Boast's garage.
The second house they entered was in Bangor Terrace and

property worth £570 had been taken, some of which was found outside in the street. Home at the time was a

woman who spotted the burglar leaving.

Boast was said to have convictions for possessing drugs and theft, and Morgan for theft and burglary, causing damage and possessing an offensive weapon. Matt Henson for Morgan,

said he had to cope with drugs and mental health issues and Joanna James for Boast, pointed out that he was a "productive man" who could keep himself out of trouble and lead a normal life.



Tenders going out for a new primary school at Pencoed

being invited to build a new school at Pencoed following a planning go-ahead.

BCBC have agreed to invite tenders from construction companies interested in building the new £10.8m school, due to open in April

The school is currently run over split sites, with some pupils being taught in buildings on Penprysg Road, while other pupils are based in the old Heol Y Cyw Primary School premises. The plan is to bring all of the pupils together into one site which would be built on part of the school playing fields further along Penprysg Road. The new school would have capacity for 510 pupils aged 4-11, a

provision for pupils with special education needs.

Coun Huw David Bridgend County Borough Council's new Leader, said: "We're pleased to update parents, pupils and local residents on the latest

exciting developments. "Earlier this year, we carried out a formal consultation to gather views from all interested parties, followed by the publication of a statutory public notice.

"We didn't receive any objections during this period, and planning permission has now been obtained so we are happy to be in a

now proceed to the next stage which is to invite tenders for the

construction work."

The cost of the new school would be met from the Welsh Government's 21st Century Schools Programme and Bridgend County Borough Council

Coun David added: "The current school buildings were built in the early 1900s for separate infant, junior and secondary provision, and it's far from ideal that many of the children currently have to cross a busy main road to walk between classes. The

on one site, marking the start of an exciting new era for Pencoed Primary School and the local community it serves.'

It would involve a 20mph speed zone and two pedestrian crossings alongside approximately 18 parking/loading bays – while street bollards and other street furniture would be installed to safely separate pedestrians and vehicles. Adare Street and Caroline would Street

to

proposal

Market Street.

pedestrianised. Coun Charles Smith, cabinet member for regeneration and economic development, stated: "We want to consult with local people and find out their views as the proposal has both

pros and cons. "For example, reintroducing traffic would make it easier and for some usabled people and those with mobility problems to disabled people and those with mobility problems to get to the shops they want to visit, while many town centre traders, property agents and developers believe that it would increase footfall.

"On the negative side, there could be an and Tenby.
increased risk to To comment on the
pedestrian safety. Since proposal, visit roads pedestrianised, reported *nsultation*. The deadline traffic collisions have is October 24.

traffic plans BRIDGEND County fallen from 13 between Borough Council is the years 2000 and 2004 running a public to three between 2004

Have your say

on town centre

consultation on a and 2014. "It would also cost the proposal to re-introduce traffic to £500,000 to safely allow Queen Street, vehicle access into these Dunraven Place and streets due to the works required, while there is also the issue of cars creating more air pollution in the town centre. Added to this. there would be disruption to trade while the works were taking place.
"These changes can,

therefore, only justified if there sufficient support from both town centre businesses, and the wider community of Bridgend who use the town centre. Bridgend Town Council have already pledged their support and a financial contribution to the scheme, but I would businesses, shoppers, workers. residents. young and old, to have their say and consider all of these factors."

of these factors."

If the proposal is introduced then it will also be possible to include 'pedestrian only' times so that the roads are not accessible during certain hours. This approach has been approach has been followed in other towns such as Neath, Caldicot

www.bridgend.gov.uk/co

Recycling in Bridgend reaches a record high

FINAL recycling figures for composting rate across Wales' 22 and is exceeding the current statutory recycling target of 58 per cent.

Bridgend's reuse, recycling and Authorities sent 170,567 tonnes of composting rate increased by almost biodegradable waste to landfill in two percentage points on last year's final figure.

The statistics show the average local

this year reveal that Bridgend is Local Authorities was 60 per cent, recycling 59 per cent of waste double the amount that was being recycled just a decade and recycled just a decade ago.

Further figures show the amount of biodegradable municipal waste local r cent.

authorities are sending to landfill has
The final results for 2015/16 show reduced by 80 per cent in a decade. 2015-16, 58 per cent less than the allowance of 410,000 tonnes. All 22 how the average local authorities achieved their recycling and individual allocated allowance.

Charities' fears for special funding scheme

A TOTAL of 1.080 vulnerable people were helped to turn their life around. live independently, or were prevented from becoming homeless last year in the 'Big Bag Challenge'.

The challenge is the Welsh older people's charity's annual stock donation appeal. Anyone calling into the shop at 37 John Street can pick up a in Bridgend thanks to the Supporting People donation bag to fill at home or leave a bag of goods Programme.

Community Housing Cvmru (CHC) and Cymorth Cymru have joined forces to highlight the vital need to protect the programme, the fate of which will be decided during the Welsh Government draft budget, on Tuesday

The charities launched older people.

the Let's Keep on Supporting People campaign, to try to safeguard the funding.

With budgets being continually squeezed, they believe the SP programme is "at real risk" from potential cuts. this autumn.

Supporting People is a flagship Welsh Government programme. It funds a variety of services throughout Wales, including Bridgend.

"It helps people at risk of homelessness, such as victims of domestic abuse, people with mental or physical health problems and learning disabilities, exservice personnel and



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DEREK THE STAG GOES ON TOUR FROM ST CLARE'S...



Rotary backs the RNIB talking books



Rotarian Bob Broughton, president of the Rotary Club of Bridgend, Carol McKinlay, Anne Wilkins and Rotarian David Hubbard.

C A R O L currently 92 users of MCKINLAY, the Talking Books in the fundraising manager Bridgend Area. for RNIB Cymru, Ann is blind from gave a presentation birth and gave an to the Rotary Club of inspirational account of Bridgend Herotary Child of Accompanied by Anne Wilkins, a local user of the 'Talking Books for the Blind' by the Blind' by the Blind' by the Blind' by the Branch Herotary Child of the Sprach service.

Carol thanked the Rotary Club for its sightlessness. generous support. She said that the service is accomplished singer and now offered free of teacher and has won charge and this has several Eisteddfod members and there are continuous support.

latest technology and its uses in overcoming

resulted in a large awards. She thanked the increase in the number of RNIB Cwmru for its

final pieces. of art at the Welsh examining board

WJEC, went to St Clare's School in

choose pieces that

These represent

'outstanding' work for INSET for GCSE and

AS/A2 textile design work – including a huge

textile stag, affectionately known as Derek, who now stands

proudly in the WJEC

main entrance at

Students Carla

Prinsloo, Christian

Prescott, Olivia Thorne

had their work selected to go on display.

As well as her textile stag, head girl, Carla Prinsloo, also had her fairground-inspired

dress selected for the

prestigious tour. Carla

has been at St Clare's

since year-5.
Christian Prescott,

who joined the school

part way through year-7,

has just started studying

Back in July, the WJEC filmed Carla and

fashion design at the

University of South

and Grace Collier all

Llandaff.

will tour Wales and

Porthcawl to

England.

Follow the link http://bit.ly/2dTYaQ5 to see the short films which have been uploaded to the 'light box' section of the WJEC website where the students will take you on a series of inspiring journeys through their textile design work.

Louise Williams. teacher of textiles at St Clare's, said: "WJEC said the submissions of both students reflect the highest standards and most commendable levels of personal engagement and

innovation in approach. "I was delighted with the AS-A2 textile design

results - we had 3 As! Headmaster, Simon Antwis, said: "We're all extremely proud of the students. They have worked incredibly hard.

"Their results are directly attributable, not only to the dedication and perseverance of the students themselves, but also to the quality of teaching delivered here at St Clare's.

Extra training for swim squad thanks to sponsor

TEAM managers from a swimming club in Bridgend will receive extra training ahead of a trip to Fuerteventura, thanks to a west Wales housebuilder.

Bridgend County Swim Squad has been elected as one of Persimmon Homes west Wales' community champions, a scheme that donates a pot of £2,000 to two charities each month.

Sharon Davies, coach and team manager at Bridgend County Swim Squad, said: "Our annual training camp in Fuerteventura is always the highlight of our year, made even better by Persimmon Homes' kind donation."

For more information or to nominate a worthy cause, visit www.persimmonhomes.com/charity

PRIMARY PUPILS COMBINE TO SEND THEIR PARENTS A SAFETY MESSAGE Watch where you park? RIMARY schools in a aesteg have joined forces age time involved in the different general school, single and schools are the school of the school of

PRIMARY schools in Maesteg have joined forces with the local Neighbourhood Policing Team - to launch a campaign which tackles unauthorised parking around schools that is endangering children and

PCSO Lucy Barry, of the Maesteg area, said: "This project was aimed at the community in the Llynfi Valley to encourage and promote safe parking and prevent accidents outside schools.

"We are hoping to encourage all parents to get involved in this project, as we know that their priority is the safety of their

activities and learning about road safety awareness. We would like to thank Mr Bibby, from Caerau primary school, who donated the funding for the banners for all the schools in the are.

"We hope that this project will highlight the dangers of people parking in unauthorised areas outside school premises.
"We would like to remind

drivers of their responsibility to park legally and safely. Do NOT park on white zig zag lines or double yellow lines – and certainly do not drop children off on the railings side of the

All seven schools in the Maesteg area are taking part in the campaign – Caerau,

Nantyffyllon, St Marys and St Patricks Catholic School, Plasnewydd, Garth, Cwmfelin, Llangwynyd and Ysgol Gynradd Gymraeg Cynwyd Sant. The Plasnewydd School headteacher said: "For us, the

campaign means that our children have a right to a safe journey to and from school and preventing dangerous parking supports this

Caerau Primary School has donated funds for banners, which have been placed on the gates of all the schools. Neighbourhood Policing Officers have also recruited schoolchildren to assist in the campaign as 'deputy

sheriffs.'
The children will become 'sheriffs' for a day, to help raise motorists' awareness of the danger .

Getting ready for yuletide fun



AT the October meeting of Colwinston and Llysworney WI, president Liz Stone gave out details of the Christmas dinner to be held in the Sycamore Tree Inn; and went through programme ideas for the coming year, to include various speakers, craft evenings, dance, indoor curling, and theatre trips.

After other suggestions from the members. Liz showed how to make Christmas trees out of cupcake cases.

All the members then made several of these for the Christmas Tree Festival in Holy Cross Church, where our tree will be on display with many others from Cowbridge and surrounding areas.

• The photo (above) shows members with the tree decorations.

BARRY BARMAN **SPENT A YEAR** AT LARGE AFTER THE THEFT OF **OVER £5,000**

Wales after stealing £5,581 for paying in takings to the bank. from his employer, Cardiff When the pair returned Crown Court has heard, writes AJ SICLUNA.

Marcus Phillips (30) ended up working in a bar in Bodmin and was at large for some time, said prosecutor Ieuan Bennett.

Phillips, formerly of Broad Street, Barry, was jailed for 15 months after admitting charges of theft and failure to surrender to his bail.

Passing sentence, Recorder Jeremy

Jenkins pointed out that Phillips had been involved in the breach of a high degree of trust and there had also been

Mr Bennett said that the defendant had been employed as a barman at the Waterguard in Harbour Drive, Cardiff Bay, which was run by Samuel Smith

Brewery.

He had a good relationship with the managers, David Pritchard and Carrie

Weaver and received temporary promotion when they went on annual leave in August 2014. He was given behaviour and was ashamed.

A BARRY barman fled south the key to the safe and was responsible

September, Phillips was nowhere to be seen, there was a mess in the office and the police were called.

Altogether, said Mr Bennett, he had taken £5.581.

He was found in a local pub in Barry nd was arrested.

He claimed, untruthfully, that the managers must have stolen the money.

He said he had recently spent money on furniture, on a television and on an expensive holiday.

Phillips failed to turn up for trial in August 2015 and a warrant was issued for his arrest.

He was arrested on August 4 this year and initially he denied the

charges and finally changed his plea. The court heard that he had no

His defence counsel, Alec Small, said Phillips had "stuck his head in the He said he regretted his

Watch your back!' Bridgend carers are warned

TO mark Carers strains on their bodies. BackCare Week, of Awareness Bridgend is taking a founder of lead role in advising the over 384,000 unpaid carers in Wales how to look wales now to after their backs.

Bridgend-based C3 Chiropractic Clinic has Chiropractic Clinic has chosen Morgana Court cares do not receive any training in back care.

Care Home in South training in back care.

"Carers spend long periods of time on their caring for others at home.

It comes as new training in back care.

Chiropractic Association (BCA) shows that lifting and carrying can trigger and carrying can trigger back pain for almost half (49 per cent) of people in "They need to be" Wales, with home carers particularly careful not to additional stresses and put their backs at risk

Rainer Wieser, Doctor

Chiropractic and Chiropractic Clinic said: "Whilst professional care homes, such as Morgana Court, have lifting and moving equipment and staff trained to protect their backs, many home

It comes as new on their bodies, from research from the British lifting and assisting the person they are caring for, to

higher risk with overload themselves and





Doctor of Chiropractic, Kate Mosedale, gets to grip with the

new back care programme at Morgana Court, Bridgend.

Brave Hannah says 'thank you' to the Children's Hospital

by PHILIP IRWIN

A LOCAL family recently took part in a family fun walk in support of the Noah's Ark Children's Hospital appeal - and they had a special reason for being there.
Brave Hannah

Coombes, from Llantwit Major, had a banner on her wheelchair which said - "Thank you for saving my life three

She completed the 10 km walk around Cardiff Bay this year with three Bay unis year with times special people – Erika Thomas, Richard Howe, and Simon Type – and Hannah's grateful mother, Cheryl, explained that banner message to The GEM.
"Hannah did the walk

last year and displayed the banner on her wheelchair Unfortunately, she became very poorly back in March/April of this year and was on life support for 12 days.

"Things were very bleak at times, but as Hannah defied all the odds and started to breathe for herself, and day by day she was stronger and stronger, until she was able to come off the ventilator.

"Once again, the Noah's Ark Children's hospital saved Hannah's

"When we got Hannah home, we felt that we needed to do the walk again this year, but this time the banner read



...you saved my life three times, thank you' Cheryl continued:

"Hannah would like to thank everyone who sponsored her, and would like to give a special thank you to her Nanna from Llandow, who walked the village and asked friends and

relatives to sponsor her "She has raised over £1,300 and money is still coming in. Thank vou to everyone!

FLOWER ARRANGING PORTHCAWL Flower Arrangement Society will next meet at Awel-y-Mor, Porthcawl, on Wednesday, October 19 at 7.30pm, for a demonstration by Linda Garratt entitled 'Rich Pickings'; everyone welcome.

Hannah Coombes is pictured with Erika Thomas, Richard Howe, Simon Type - and her banner.

Go to the **Bridgend & Porthcawl GEM**



www.bridgend-today.co.uk www.porthcawl-today.co.uk

Anita Lloyd, a resident at Morgana Court. Janet Power. care assistant at Morgana Court, and Kate Mosedale, Doctor of Chiropractic from C3 Chiropractic Clinic in Bridgend.



LEFT: Janet Power, care assistánt at Morgana Court, with Kate Mosedale.





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AMs in pink for families affected by breast cancer



REGIONAL for South West Lucy Davies has added her voice in support of 'Wear it Pink' day later this month.

Like others, the Welsh Conservative has shown close to £2 million each her support for women affected by breast cancer by dressing up in pink and is hoping other will do the same as part of the UK's biggest, brightest and pinkest fundraiser on Friday, October 21.

Wear it pink is now calling on supporters from across the country to add a flash of pink to their wardrobe for the day and raise money for life-saving breast cancer Now's research.

Mrs Davies joined information fellow fellow Assembly register,
Members in wearing it www.wearitpink.org.

All sizes available

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AM pink to encourage people Wales across Wales to get involved and help Breast Cancer Now towards their ambition that, by 2050, everyone that develops the disease will

live.
"Wear it pink raises year for world-class research into breast cancer, and this year it's going to be pinker and more fun than ever before. Anyone can take part, whether at work, at home or at school. All into its 15th year and is you have to do is wear something pink and donate what you can," Suzy Davies AM said.

Sign up to wear it pink on Friday, October 21 to Breast Cancer Now's support Breast Cancer life-saving research For more or visit

Ve will not be beaten on any writter

Does Canada provide answers to how refugees should be accepted?

MISSED the Labour Party .Conference. I was in Canada and then in the US at NATO conferences discussing naval power, immigration, refugees corruption, trade agreements and, of

course, Brexit. Some may think all this has little to do with Bridgend – but nothing could be further from

the truth

NATO's naval power is declining. The UK has only 19 destroyers and frigates and only 13 submarines. This is less than the task group we sent to retake the Falklands.

Our six destroyers have serious engine problems that often render them inoperable in warm waters. Our 13 Type 23 frigates are past their 'sell-by date', and there is no start date for their replacement

Type 26 frigates. We are only purchasing eight Type 26 frigates and, later

five low capability, general purpose frigates.

As recently as the 1990s, the UK had 12 destroyers, 38 frigates and 25 submarines.
With 97 per cent of our food and trade goods coming into the country via ships, 99 per cent of Internet and

telecommunications relying on transatlantic cables, and our offshore oil, gas and wind farms generating power based off shore, our ability to defend our seas is imperative

Only three NATO nations have full spectrum capability, the US. UK and France. The UK is falling behind as new areas of potential conflict open

I have written before about the thawing of the Arctic Sea leaving our northern back yard vulnerable, in a way it has never been before. We have no ice-enabled capability.

None of our ships can cope with ice and our submarines are only now learning how to

WESTMINSTER **NOTEBOOK**

Bridgend MP MADELEINE MOON writes an exclusive report from Westminster for GEM readers.



A defence policy review is under way and the NATO group from 14 European NATO members were there to question Canada's ability to help protect our northern flank. REFUGEES

We also wanted to learn about Canada's refugee policy. In one year it has accepted 43,000 Syrian refugees

Fifteen Government agencies have been involved in the assessment, vetting and planning to bring such large numbers of people to resettle in Canada

presence around the globe to allow the resettlement process to work 24/7. When one part of the globe stopped work for the day, its agencies in other countries started working, ensuring that all of the vetting processes and individuals were checked at every step.

Two main groups arrived in Canada, those who were privately sponsored and those with government sponsorship.
A private sponsor

may be a family member, churches, mosques, local communities, companies or charities. The vast majority of refugees were privately sponsored.

Military planes and charter flights brought families to welcome centres where they were provided with all they would need before moving on to host areas. Health cards, National Insurance numbers and winter clothing were provided to the families.

All were found permanent housing and evaluated for either English or French full time funded language

training.
Assessments were carried out on skills levels and training needs to enter the workplace. Places were found for children in 3,000 schools across

The huge lesson from Canada was that success relied upon a whole community approach.

can provide funds. make legislative changes easier, but it needed community buy in and commitment to make integration work.

Community support groups would help with CV writing, interview skills, help with understanding how social systems and schools worked, jobs fairs and police officers explaining the different relations between citizens and police in a democracy, the latter being a greater change than many had expected.

Social relationships between men and women in Canada were also discussed.

Start-up checks were provided to enable families to buy bedding, food and clothing for the extremer climates of Canada. Donations of toys, clothing bedding poured in as local stories were shared on social media.

By month 13 of their new life, the majority no longer need state assistance, though medical support may be ongoing. Those with medical needs had been given priority for entry to Canada and treatment for some started before they left their home region.

Dental treatment and immunisation was needed by many of the refugees, as over 60 per cent of the refugees are children and have young parents – though some families are multigenerational.

Given that Bridgend is soon to welcome 12 Syrian families, this success story had many lessons for us

The main lesson was that arrival is simply not the end of the beginning. Commitment to supporting families in the local community must be long term.

communicate' the other great message; let local people know what is happening and how they can help.

The Canadian model is being examined by other governments, aware that failure cannot be an option.

The macroeconomic outcomes of immigration are tracked in Canada which has a major history of immigration.

The research shows that refugees start out slow as they adjust to the new life, but within seven to eight years, meet the Canadian level, and all enter the labour market, if integration is facilitated

Corruption in aid and trade deals and a tour of the parliament building followed. Canada's parliament was one of the alternative designs for our iconic building.

The big difference is that each Canadian MP has a designated seat/desk in the chamber and I felt uncomfortable with the clapping when front bench speakers make points.

We moved on to the US to visit Bath iron works, one of America's main defence ship building centres. (Have a look on line at the new Zumwalt class destroyers - they're amazing on so many levels).

Finally to Boston, to meet academics at Harvard and the Boston University to talk about security issues.

Many days spent in meeting rooms but the evidence received and the insight gained is invaluable

Now the task of sharing this starts

surface through ice. Canada has a huge Canada utilised its **BUSY BEES AT ST BRIDE'S SCHOOL**



ST Bride's Major C/W Primary School and pollinators (bees. butterflies, moths and hoverflies) have benefited from free National Garden Gift vouchers thanks to the Buzz' Natural campaign run by environmental charity Keep Wales Tidy, and funded by Welsh Government.

Children from St Bride's Major Primary School rolled up their sleeves and gave pollinators a helping hand when they found out they had been out they had been successful in applying for £250, which they used to buy plants to improve their school grounds.

aim of 'Natural Buzz' campaign is to raise awareness of importance of pollinators, as well as to



new habitats and food environment and sources for pollinators by wildlife, as well as the sources for pollinators by planting wild flower local community. planting who havens in unused spaces.

Mrs Decker, 'Eco

pollen and nectar that's org or visit the website on offer in our school www.keepwalestidy.org grounds and, hopefully,

help communities create this will benefit our local

Keep Wales asked schools across School co-ordinator Wales to apply for a said: "We were thrilled 'Natural Buzz' grant of when we found out that up to £250 to help them we'd been successful in their pollinator

we doen successful in their political applying in for Garden improvement projects.
Centre vouchers.
"Natural Buzz has on the Natural Buzz has on the Natural Buz huge improvement to the Funding@keepwalestidy."





Tit-for-tat spat over BCBC 'zerohour' contracts

ACCUSATIONS of 'hypocrisy' lowest paid and done their best to help have been traded between Coun those who earn the most in society. Ken Watts and Carwyn Jones AM over 'zero-hour' contracts used by Labour-controlled Bridgend

County Borough Council (BCBC).

Mr Watts, a Welsh Conservative councillor for Newton, made the claim following his request to BCBC about wivelengths for the post of wivigilator for school examinations, as its use of such contracts at Porthcawl

BCBC revealed that some 344 zerohour contracts were in use by BCBC throughout its workforce of 6,544,

approximately five per cent.

Mr Watts said: "I have nothing against zero-hour contracts, and in the case of the harbour workers, this suits

"But the Labour Party has been revealed as being hypocritical on this matter, condemning employers for putting workers on them while its own council in Bridgend is doing just that." Regional Conservative AM Suzy

Davies said that such figures point to Labour's 'fake rage' against these contracts.

She added: "Edwina Hart, the Welsh Labour government's recently retired Minister for the Economy wanted to ban zero-hour contracts. Jeremy Corbyn has consistently spoken out against them and condemned private sector employers who operate them.

"They may like to claim that zero hours contracts are an affront to workers' rights but when Labour councils use them, it's a different

Bridgend AM Mr Jones replied in robust fashion, saying: "We need no lessons from the Tories on this. When they were responsible for running the council, it was a real mess.

"If the Tories want lessons in being hypocritical, they can take a long hard look at themselves.'

A BCBC spokesperson said: "The

"One example is for the post of invigilator for school examinations, as this type of work occurs at various periods during the year and the hours are not guaranteed."

He added that a zero-hour contract "...allows the employee to exercise control of the amount of work they wish to accept, which is particularly important when this will be unknown for some time, and useful for people who need to balance their work-life responsibilities."
The spokesperson pointed out that

staff on these contracts from the council are not restricted in undertaking work elsewhere and receive the same rates of pay, terms and conditions as employees who have

and conditions as employees who have contracts with 'guaranteed hours'.

Ms Davies echoed this, saying: "The Conservatives in Cardiff Bay and Westminster recognise that some workers are happy to use these contacts because they need the flexibility. No-one wants to see these contracts abused but Labour needs to contracts abused but Labour needs to get its own house in order before

pointing the finger."

The GEM would like to hear from you if you are on a zero-hour contract? Does it, for example, provide 'work-life' balance' and flexibility, or does it prevent you from feeling secure in your employment? Send letters to ssons from the Tories on this. When employment: Sena tetters to gewere responsible for running the gemeditorial@tindlenewsco.uk uncil, it was a real mess. including your name, telephone "They have always attacked the number and address."

garage... and disappearing car A Barry woman is a suitcase containing

in dispute with the Vale Council following a bizarre set of events involving a house,

a key, a garage and a disappearing car. On August 21 last

year mum of two Stacey Edros took possession of a house in Woodstock Close. She was thrilled to have a home of her

own.
"The housing officer showed me round the house and it was

amazing. "He gave me the key to the front door, the back door and the bin shed

"He handed me another key and said You'll have to go round and find out what this one's for'

About 20 yards from Stacey's house, situated at the entrance to the close are a set of garages.

"I went over there and the key opened the first garage. Having a garage with the house was a nice bonus.
"I was able to store

the children's bikes, a bed frame, a TV, some pieces of furniture and paintings by my children and my sister's children

In July this year her brother Peter asked if he could put his Citroen in the garage until he could afford to get it back on the road.

So far, so good. But last Friday, there was a mysterious turn of events.

"My nephew came into the house after school and said: 'Where's the stuff from your garage gone?"
Her nephew said

there was a man with a car outside her garage, and tyres in it, but no sign of her possessions or the car.

"It sounded unbelievable. I went outside and spoke to the man by my garage and said: 'Excuse me, where's my stuff gone?' He said: 'I picked up the keys for the garage this morning, I'm renting it for £7.50 a week'."

Stacey was baffled.

She endured a troubling weekend having to tell her brother his car had vanished and had to wait for the council offices to open on Monday morning to get

by GEM REPORTER

Resident astonished at how her possessions vanished!

The house, the key, the

some sort of an explanation. "On Monday

morning I spoke to a woman at the council who told me the garage wasn't in my tenancy agreement.
"She said my

possessions had been disposed of and the car had been taken to a salvage company." Visions of the car

being crushed or taken apart entered her mind.

But when she got in touch with the salvage company she discovered - to her relief - that it was intact, but she would have to pay a £120 retrieval fee.

Stacey was amazed that no one had contacted her brother, but was told by the official that because there was no MoT or tax on the vehicle the council had decided it had been abandoned. In fact, those were the very reasons her brother had taken it off the road.

Stacey points out that the housing officer

gave her the key and told her to find out what it was for - and, acting in good faith, she did.

To her knowledge, no one from the council knocked on her door or the doors of her neighbours to check whether anyone knew who was using the

garage. She thinks the council should return the car without a charge and compensate her for the possessions which were taken, including the children's paintings which are of sentimental value.

Mike Ingram, operational manager for public housing, told The GEM it was "an unfortunate situation", but insisted the keys had not been provided by the housing team.

"The garages on Claude Road are not adjacent to the properties on Woodstock Close and are not connected in

any way.
"According to the council's records this particular garage had been empty for a considerable amount of

"The garage had not

been rented to the previous tenant of Ms Edros' current home our housing team did not provide the keys to the garage, and nor did they tell the tenant that a garage was included

in her tenancy. "Ahead of the garage being rented to another of our tenants in September the locks were changed. When this work was undertaken the car and other belongings were discovered.

"The car inside was removed and placed into storage for 28 days and last week, having received no contact from anyone in the three weeks since the locks had been changed, the council's waste management team cleared the other

an unfortunate situation but as Ms Edros was not provided with any keys by the Vale of Glamorgan Council and was not paying any rent for the garage we are confident that our housing team have acted correctly."

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legal clinics

He added: "This is

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- C, Including English and Matte. 87% achieved a grade C or above in English GCS2, 89% in marks and 99% in Science. Results in the Sixth Form are equally impressive with A" - 8 grades achiesed in 63% of all entries.

We look forward to meeting you at Open Day Alternatively, please contact the school at any other time of year to arrange for a tour during the school day



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LOSES FEST



Stile Antico performed a musical programme commemorating the 400th anniversary of Shakespeare's death



Photographs marked 'MW' are by Mike Wilcock. Photographs marked 'SB' are by Sarah Barnes.



SUBLIME playing by the strings of The Nidum Ensemble brought Cowbridge Music Festival to a fitting close in Holy Cross Church on Saturday (October 1).

Now in its seventh year, the festival has firmly established itself as one of the most innovative and popular musical celebrations in Wales attracting musicians from far and wide of the highest quality.

From the awardwinning Doric String

Quartet, who opened the festival to Hollywood nostalgia with celebrated jazz singer, Claire Martin, the festival again presented a wide range of

music.
Cellist Leonard Elschenbroich with pianist Alexei Grynyuk, the amazing jazz guitarist Remi Harris, local stars Ellen Williams and Gwenllian Llŷr, the world-famous vocal ensemble, Stile Antico, and the colourful Trio Anima - all added to what was to become an unforgettable fortnight of

telling statements Di

Ager made was her

admiration for her young

students who "constantly

challenged" her, which

more productive.

Our members felt that

her students were even more fortunate to have

After tea and cake, we

her as their tutor! A

memorable evening.

made research even



music. Street performers dodged the rain on the High Street during the middle weekend to take the festival to alfresco audiences – while back in the church, some of the most talented young musicians in south Wales aged 18 and under, were

outstanding in two afternoon concerts. Older students enjoyed public master classes given by two great Welsh musicians, harpist Catrin Finch and trumpet player,

Huw Morgan. For the schools outreach, the festival teamed up this year with the wonderful Children's Musical Adventures for Musical Adventures for five days of workshops, delighting hundreds of children with musical fun and games at Y Bont-Faen, St Brides, Hendreforgan, Tref-y-Rhyg and Tonyrefail.

For the very young, the highlight was undoubtedly the family concert, again

the family concert, again given by the Children's Musical Adventures team.

Percussionists turned comedians, Patrick King and Owen Gunnell, gave both parents and children a priceless hour of laughter with the aid of their magical musical time travelling machine, leaving nobody in any doubt that music is here to be enjoyed at any age.







Claire Martin presented an evening with a Hollywood music theme.



ABOVE: Remi Harris' virtuosity dazzled the audience at the Duke of Wellington.



ABOVE: More performers at one of the young people's concerts.

CHAMPION PLOUGHMAN

Music in the High Street.



Champion ploughman Mike Thomas is pictured being presented with the Alban Wilde Perpetual Cup by Sue Evans, Alban's daughter at the annual Vale of Glamorgan Ploughing Match at Ogmore by Sea on Sunday. Also in the picture is chairman Andrew Studley.

Ploughing the old -fashioned way





THESE two images were captured by HEATHER MARCH at the Vale of Glamorgan Ploughing match at Ogmore-by-Sea.

Learning all about T-cells at the WI

YSTRADOWEN WI NEWS

THE Ystradowen and District WI's October meeting was well attended, with six new members being welcomed by president Jan Foyle.

The evening also gave us a memorable talk which affected every one

Dr Ann Ager, from the Division of Infection and Immunity, at the School of Medicine of Cardiff University, talked to us on the subject of 'T-cells – A Discovery'.

We heard about these

cells, which are part of our immune system and the enormous strides which have been made to make us more able to combat the disabling conditions that affect us all in one way or

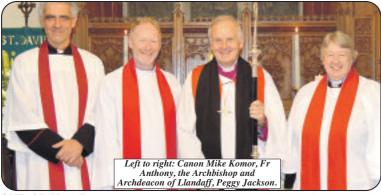
another.
One of the more

adopted the previous minutes, were told that we have a very healthy bank balance, and sorted out the food arrangements for the Link meeting in Ystradowen on November 30. We finished the

evening with details of forthcoming events which we might like to attend. These comprised a guided tour of Cirencester, a whist competition, a Scrabble convention and a celebration of the Chinese New Year.

Go to the **The GEM** for the latest stories and breaking news. www.bridgend-today.co.uk www.porthcawl-today.co.uk

New priest welcomed at **Laleston and Merthyr** Mawr with Pen-y-Fai



ONE of Bridgend's newest the parish. The former HM which they're located, whilst also group of parishes has Customs & Excise Officer, Welsh being able to build for themselves group of parishes has welcomed its new priest -

his considerable pastoral and spiritual gifts to his new parishes and I know people will hugely appreciate him."

Fr Anthony moves to Laleston from the Rectorial Benefice of church capable of embracing all Llantwit Major where he was team Vicar. He takes over from Canon Edward Evans, who retired are able to look, reach out to and an area of the control of t a year ago after serving 27 years in reflect the specific communities in and sunflowers

welcomed its new priest – Father Anthony Beer, who has been licensed as priest-in-charge of the Benefice of Laleston and Merthyr Ely in Cardiff, before moving to Laleston, and St Teilo's, Merthyr Warsen in 2004. Welcomed its new priest-in-charge of the Benefice of Laleston and Merthyr Ely in Cardiff, before moving to Laleston, and St Teilo's, Merthyr Mawr, with Pany Foi by the Velac of Glamograph in 2011. Mawr, as they develop an another unit of the light of the light of the logical priest of the sense of belonging to on the sense of belonging to one the sense of belong

Vicar.
"I have learnt such a lot in a short space of time during my time and in the way we go about as Team Vicar for nine churches in developing our worship and Llantwit Major – especially about identity – is that we can try the importance of unity and different things in different diversity and being a welcoming locations."

Mawr with Pen-y-Fai by the Vale of Glamorgan in 2011 to Mawr, as they develop an the Archbishop of Wales, Dr Barry Morgan.

Dr Morgan, who licensed Fr Anthony at St David's Church, Laleston said: "Anthony will bring by the conciderable protoral and bring and the protoral and the way we go about the protoral and the protoral and

In his spare time Anthony who married to Elaine, enjoys "It's so important that churches photography, walking, running are able to look, reach out to and and growing his own vegetables

Cylch Meithrin are leading the way for tots' healthy future...

STAFF at the Cylch Meithrin Ysgol Meithrin Ysgol Cynwyd Sant in Maesteg are helping to give young tots the healthiest possible start - by taking part in a prestigious national scheme.

Cylch Meithrin is on track to become the first Welsh language pre-school setting in Bridgend Bridgend county borough to complete the 'Healthy and Sustainable pre-school scheme', funded by the Welsh Government and co-ordinated by BCBC's Childcare Team, in Health Wales

It covers aspects of health aimed improving the wellbeing of young children such as

Meithrin at Ysgol mutrition, oral health, physical activity, active play and the environment.

In Bridgend county bre-school settings are particularly encently, they were schoele. Kate Parry, the scheme. Kate Parry, the scheme. Kate Parry, the scheme. Kate Parry the scheme. Kate particularly impressed connections and other healthy promoting nutritious promoting nutritious meals and snacks, and other healthy practices to the parents of preschoolers.

"The scheme in at Ysgol Meithrin." Provement at Young Heithrin." Townsend, the cabinet prownsend, the cabinet member for children's are healthy, happy, sleep better and member for children's are more ready for social services and school.

"Being active makes important habits are such a difference to a child's health and well-deal time to influence and the advice is for children to influence a child's health and w



ABOVE: Children enjoying gthe outdoors area at Cylch Meithrin Ysgol Cynwyd Sant in Maesteg.

Dartnership with Public encourages the highest we have everything!'. It care. Among the key Health Wales. standards of health, was lovely to hear him topics that the scheme standards of health, was lovely to hear film topics that the scheme promoting habits that can say this and it showed covers is the importance be continued at home. Just how comfortable the Staff at the Cylch children feel at the Cylch early years. It has been Meithrin at Ysgol Meithrin." proven that active Cynwyd Sant have Coun Hailey children are healthy,

of pre-boy was proudly opportunities which staff anything like that, but showing the inspector can use to enrich the lives moving more instead of scheme around and said 'look, of the children in their being sat down."



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Rescue helicopters celebrate first anniversary in the Vale



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C) (0) (3) 01656 653200 | www.jgplant.com | reception@jgplant.com St Athan crews winch training with the RNLI.

Helicopters Ltd is marking its first anniversary of handling search and rescue (SAR) operations on behalf of the Maritime and Coastguard Agency from its base in the Vale of Glamorgan.

HM Coastguard service became operational at St Athan on October 4 2015 and statistics for the base's first year show the crew responded to around 200 taskings from the Aeronautical Rescue Coordination Centre (ARCC)

Chief Pilot Captain Olly Padbury, said: "I'd like to extend our thanks to the local communities for making us feel so welcome over the past 12 months. It's a great privilege to serve this area and we are very much looking forward to the future as part of HM Coastguard's lifesaving service.

"I am particularly pleased that we have been able to establish such positive

relationships with emergency service teams north and south of the Bristol Channel. The year has brought a enormous variety of missions, from feeling our way through low cloud in the Black Mountains, to the beaches of north Devon, ferries, fishermen and Lundy Island. I am so proud of the team here at St Athan and of the service we provide."

The Bristow crews are operating with state of-the-art helicopters, equipped with the latest search and rescue technology including night vision, mission management and increased onboard medical capabilities.

Russell Torbet, director of UK SAR, said: "It's a proud day for the SAR team at Bristow, Many years of hard work went into the preparations for taking over the service from the military, so 12 months of successful operations at St Athan is indeed a great milestone

BUILDING CHIEF'S 1,200KM ROCKIES'

GETTING on his bike for charity is a regular occurrence Bridgend construction boss Marc Jehu, but he admits that his latest charity ride, cycling 1,200km from Barcelona to Monaco for Prostate Cymru, is the biggest

challenge to date. He joined up with the team of charity cyclists in Barcelona from where they started their cycle ride, heading across Spanish border into the south of France and eventually completing the journey in Monaco. Many of the cyclists involved have links with

Prostate Cymru, and Jehu Project Services has been delighted to continue with ongoing partnership with the charity to deliver awarenessraising Toolbox talks to staff as part of health wareness.

Marc said: "We hope that the charity cycle ride, and the Tool box talks, will help get the message across to men of all ages working with us about the challenges of this disease and we are pleased supporting



worthwhile charity. The charity cycle challenge, support received has can visit the been amazing and I have an araised £1,915 so far." https://www.justg.

https://www.justgiving.c to om/fundraising/MarcJeh Anyone wishing to om/fundraising/N support Marc Jehu's u-Barc2Monaco



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oking essential. RSVP by 14th October 2016. To book a place at the workshop, please contact: Email: create@valeofglamorgan.gov.uk

Tel: 01446 704828







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EXCELLENCE AWARDS

held the 21st South Wales **Building Excellence Awards** event at the Vale Resort.

Vale Council winners then went on to compete against finalists from north Wales, at the All Wales Building Excellence Awards, held at the Wales Millennium Centre.

Taylor Wimpey were Best New deliver and pro-Large Developers and Best Best Practice. Conversion, for their development at "These awa Channel Heights, Rhoose

Properties for the conversion of the Pump House, Waterfront, Barry (Simon Baston from D S Properties) won the Best Conversion category

Francois Samuel, Regulations at the Planning Vale Resort, The Glamorgan GEM and Directorate, and Paul Everall, LABC Jewson of Barry."

Chief Executive, gave out the awards
The Vale Council's Victori

Victoria Robinson said: "We are extremely proud to have these examples of excellence in construction here in the Vale of Glamorgan

"Our Building Control team have forged and maintained strong working relationships with the industry, to deliver and promote these examples of

"These awards recognise the hard work and commitment of all involved in the process.

"We would like to thank our local sponsors for continuing to support the Welsh awards at a local level. Nina Estate Government, Head of Building Agents, ACD Skip and Recycling, The



The two winners will now be competing as finalists at the National Building Excellence Awards in November at Westminster Park Plaza, London.

Barry park will turn into the town's first ice rink!

CENTRAL PARK in Barry is to host the town's first-ever ice rink this winter, and will be home to a series of attractions as part of its transformation into Ice Central.

2pm-3pm.

appointment is necessary.

The Vale of Glamorgan Council will install an undercover rink to be situated in the park adjacent to Barry Town Hall, which will open after the big switch-on' of Barry's Christmas lights on November 26 at 5pm

DROP-IN ADVICE

COUNCILLORS Richard and Robert Bertin

and Andy Griffiths (Election 17 andidate) will

be holding one of their regular drop-in advice

sessions on Saturday, October 15 at the

Community Room in Barry Library between

All residents are welcome to attend and no

Ice Central will offer seasonal food, drinks and live music as well as a family friendly festive skating experience. The rink will be open for eight days and is the centrepiece of the Vale Council's winter events programme for 2016.

Coun Lis Burnett, cabinet member for regeneration and education, said: "For the nast two years, we have neld the hugely-popular Christmas projections in King Square.

These two evenings have proved that the right events can attract huge numbers of people to Barry's town centre.

"What we are now doing, is building on that success with an event that lasts for a week, rather than an evening and so can be enjoyed by even more people.
"As well as providing

festive fun for families from Vale and beyond we hope the event, the first of its kind in the town, will provide a boost to local traders at what we know is a very important time of year

"The programme of events during the week and elsewhere across the Vale during the Christmas period, is still being finalised and this is the first of many

announcements. So watch this space!" she added. Ice Central is being

delivered in partnership with Mack Events, the team behind the successful GlastonBarry festival.

The Ice Central rink will open at 5.30pm on Saturday, November 26 and every day from Sunday, November 27 to Sunday, December 4.

There will be late night events on Fridays. Saturdays, and Sundays. Prices start from £3; family ticket £10.

For more details, see www.visitthevale.com

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THEY came from near, and went far - all the way to Brazil and the Rio 2016 Olympics and Paralympics – representing Team GB.

Each of them embodied the Olympic motto of Citius, Altius, Fortius, (Faster, Higher, Stronger) and personified tenacity, grit and the bulldog spirit. The GEM salutes Wales' winners!









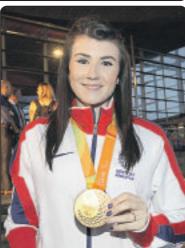
























Local family remember a 'wonderful mother, daughter, sister, and wife'

THE Pontyclun woman who died following a collision which occurred at approximately 7am on Tuesday, October 4 on the A4232 between Junction 33 and Culverhouse Cross has been named as Debra-Claire Lewis-Jones.

Her family have issued the following statement:

"It is with a heavy heart and a pain that can't be put into words that the family of Debra-Claire Lewis-Jones announce her sudden passing

"A wonderful mother, daughter, sister, and wife; she was our rock. She knew the answers to everything, and she knew it. Her favourite phrase was "I'm always right" and I can't recall a time when she

"She let few people into her heart, but those she did she held dear and she held close, her family most of all. The loss of Debra-Claire will be felt further and deeper than can be explained.

"She was one of the happiest people, she laughed easily and frequently, and as her family can attest; she laughed with her whole body and soul. We will miss her.

"We would like to thank the witnesses and bystanders that called in for help as soon as the unfortunate incident happened; as well as the emergency services for their quick response, but in particular, South Wales Police for their assistance to our

'We'd also like to thank all the staff who have looked after

University Hospital of Wales, Cardiff. Finally, we would like to express our condolences to everyone whose lives she everyone whose lives are touched and would appreciate if we could be left alone during our period of grieving, while we come to terms with such a huge loss in our lives '

· South Wales Police are appealing for any witnesses to contact them. Officers would like to speak to anybody who witnessed the collision or who stopped to provide assistance, or to anyone who may have seen the a Seat Ibiza vehicle being driven prior to the collision.

Contact the serious collision

investigation unit on 101, or Crimestoppers (anonymously) on 0800 555 111; reference 1600382012

COFFEE, CAKE - AND AFLU JAB FOR THE MAYOR!

RIGHT: Flu Champion Co-Ordinator Nurse Neil Pugh, Vale of Glamorgan Cabinet Officer Mark Petherick and the Vale Mayor.

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THE Mayor of the Vale of Glamorgan, Coun Stuart Egan, recently held a "very successful " coffee morning at Llandough Hospital – to raise funds for his two chosen charities, the Llandough Hospital Orchard Project and the Penarth and District Lesotho Trust.

The Mayor

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IT solutions

contributed with his own award-winning Welsh cakes, and would like to thank the Cardiff and Vale University Health Board British Gas volunteers, CostCo and all who helped raise

The next coffee Llandough Hospital Plaza on Wednesday, November 2 from 10.30am to 12 noon.

received his flu Flu Champion Co-ordinator Nurse, Neil Pugh and commented: "Free flu jabs are or participating local pharmacy for those who are at risk, to flu and developing

serious complications.
"Although flu can be a relatively mild illness, which gets better by itself, it can be much more serious in some people. Each year in the UK, there are deaths caused by seasonal flu.

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£168. morning will be held at

The Mayor also accination, courtesy of available from your GP, protect against catching





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CONFERENCE ON 'DARK SIDE OF THE SOUL

THE need to 'flee from oneself' is the theme of a conference organised by Cynnal, the churches' counselling service.

The Archbishop of Wales, Dr Barry Morgan, is endorsing the event which takes place at Carmarthen on October 26, and said: "Christ warned that we live in poverty if we do not know ourselves. This conference is a chance to highlight such spiritual impoverishment and challenge each other to dwell with ourselves.

Anyone wishing to attend should contact the Living Room Cardiff on 029 2049 3895 to register or send an e-mail to carol.hardy@cais.org.uk.



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ABOVE and BELOW: Just two of the dogs currently in the care of Greyhound Rescue Wales.



WHAT'S ON - News in brief Councillors' surgery

THE Labour Vale and town councillors for Buttrills, Castleland and Court wards, Bronwen Brooks, Pamela Drake, Jeff Evans, Chris Elmore, Les Sword, Karl Khunell and Stuart Egan will be holding their regular, monthly advice surgery on Saturday, October 15 from 10am-11am in the Small Community Room Barry Library, Kings Square. No appointment

Scouts' book sale

THE 1st Cowbridge Scout Group are holding their annual book sale this Saturday, October 15 at the Scout Hall from 10.30am-3.30pm. All welcome; free admission.

greyhound rescue group is looking to recruit more volunteers to care for the dogs in their care.

Greyhound Rescue Wales rehomes ex-racing greyhounds, and volunteer Beverley Page from Llantwit major told The GEM: "We always have a need for homes most of all, but we are also starting up a foster scheme to help rehabilitate some of our long stay dogs.
"We are looking for

super canine fosterers who will receive full support from our organisation's team of experts. This helps our dogs learn about life in a

A number of local residents are already fostering, and they are enjoying the experience.
Gill Jones of Pencoed

aid: "Being a fosterer to our first greyhound has proved to quite a privilege!

"There has been lots of support around me if needed. It has proved great for my health as I

purpose.

There are also groups which offer a social network with organised walks, but, the most important part for me is giving this noble breed a second chance and to be able to keep them safe

Brenda Grove lives in Cowbridge and she had this to say: "Some people in Cowbridge will have seen my whippet, Jasper and me walking with our new friend. Carl the greyhound, whom we are fostering

"After a bad start in life, this ex-racer was going to be shot because of a broken toe. Carl was taken in by Greyhound Rescue Wales and they found him a foster home with

"He arrived very nervous of everything people, traffic, loud and unexpected noises but he is slowly adapting to a life in a home with regular walks. a comfortable bed (preferably your sofa) and plenty of TLC.
"It is very rewarding

For the latest stories and news... www.barry-today.co.uk www.cowbridge-today.co.uk www.llantwit-major-today.co.uk www.bridgend-today.co.uk www.porthcawl-today.co.uk

well-being of an abused dog. Carl and Jasper get on well together and Carl, although large, is quite and gentle in the

"He is slowly learning that most people are kind and friendly and that life can be fun.
"Greyhound Rescue

Wales is looking for more foster homes for dogs like Carl and I would recommend it.

"One other benefit is the increased exercise you get from the twice daily walks and,

what you might think, greyhounds do not require a lot of exercise.

Basically, they are lazy dogs and two 20 to 30 minute walks a day with occasional free running in an enclosed field or similar will keep them happy.

"If you see us on our twice daily walks around Cowbridge, stop and talk to us and we will tell you all about it"

Greyhound Rescue Wales can be contacted on 03000123999 or via www.greyhoundrescuewa les.co.uk

Welsh wine winners

THE Association's (WVA) annual wine competition was panel held at Llanerch Vineyard at Hensol author Glamorgan, and 42 saw entered by vineyards north to Wales.

with the best wine in ach class also receiving trophy. Vale Solaris 2014 was named as overall Wine of

Welsh the Competition and Vineyards

received the The Thomas

Association's

Davies

Memorial

Trophy.
The expert judging Johnson-Bell wine critic, eyard at Hensol the Vale of change analyst; Michael Harrison international and wine judge wines Bibendum Fine Wine nine manager; and David from Cowderoy, wine maker south and owner of Bevtec.

Said WVA chairman, Robb Merchant: "The Ten bronze and five interest in Welsh wines is silver awards were made, growing as the quality Presently, improves. Welsh vineyards produce Kerry around 100,000 bottles a year and this is set to double by 2020."





URGENT DEADLINE FOR RECOVERING WRONGLY PAID **CARE HOME FEES IN WALES!**

31 OCTOBER 2016

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The rollover, which now stands at £5,000, was not won this £10: 733621

112840, 274728, 586418, 799046, 530708, 150257, 269494, 808441, 547743, 692412, 658462, 975158, 133107 134802 1027908, 5629117, 794, 244

179220 220841 664675 366911, 153424, 551066, 809059 754743 781903 282490, 123200, 898157,

THE following are 838206, 107385, 456041, 829189, 701883, 356511 852537, 814027, 137595 143637, 652510, 677356, 488877, 837748, 670827. 903281, 700806, 326334 860685, 588397, 621641. 426076, 691929, 818509 729151, 608394, 950825 255779, 687184, 304706 179840, 233149, 145372 689462 426944 296395 425987, 467374, 321402. 703590, 700979, 556298 947143, 466, 107, 1120022, 1938097.

The GEM cannot be held responsible for any errors or omissions contained in the above.

For lottery information please telephone 029 2053 2300

Rhoose singer in line for top award

SINGER-songwriter Jack Ellis from Rhoose has beaten thousands of other acts to be named in the UK's top ten Unsigned Male Acts at the 2016 Unsigned Music Awards (UMAs).

celebrities such as Welsh international footballer

at www.bobunsigned.com between October 17-23.

This Girl is a Train crash of a film... performance but doesn't of a detective whose only

THEN she made her debut in **Pawel** Pawlikowski's provocative and compelling My Summer of Love in 2004, Emily Blunt showed some serious acting nous. but it would have taken a bold person to predict how successful her career would turn out

Breaking out in The Devil Wears Prada, Blunt has gone on to successfully navigate a multitude of genres, delivery consistently strong turns, and her latest film sees her star in the adaptation of Paula Hawkins' *The Girl* On The Train.

With the location moved from England to New York, Blunt plays Rachel, a commuter who ees a couple (Haley Bennet and Luke Evans) every day from the window of her train.

When Rachel sees a shocking act in the couple's garden, and learns Megan is missing, feared dead, she begins her own investigation that may uncover some shocking truths, but is

hampered by her alcoholism and her infatuation with her exhusband and his new wife (Justin Theroux and Rebecca Ferguson).

When adapting a book for the big screen (and let's face it, there's probably few at this point that haven't gone from page to film) the makers have to satisfy two audiences - the one that hasn't read the book and is watching the film without any great level of expectation, and the one that has read the book and is keen to see if the film version can better what they've already read.

After watching The Girl On The Train (and being in the former camp), it's hard to know just who is going to emerge satisfied, as the film is a predictable, flat and oddly lifeless piece of work. Promises of a twisting, turning thriller are broken, the story hitting predictable beats and the outcome telegraphed at least halfway through (the more observant may possibly get there before that).

One of the more positive aspects of the film is the cast, who do a fairly good job with what they're given. Emily Blunt offers a decent

quite get under the skin of the character: Rachel is your usual unreliable witness her version of events possibly true but clouded by her lack of sobriety and addled memories (that clear up at just the right time for the story to shift up gears) and while Blunt gives the damaged character a bruised personality, she doesn't

quite feel the right fit.

Haley Bennett as the girl Rachel sees from the another damaged soul. her backstory of heartbreak and sadness compelling, but doesn't play into the main narrative and feels tacked into it in order to provide a little more depth and make you sympathetic to what is a slightly

annoying character Justin Theroux and Rebecca Ferguson are perfectly adequate, he as the man trying to juggle his new life with the echoes of his past in the shape of Rachel, while Ferguson's shrew-like wife sits nicely in the

story.

But what really lets the film down is the by-numbers plotting, the constant resorting to red herrings and cliches (the usually superb Allison Janney is given the role

job is to disregard every piece of evidence Rachel offers her under the assumption Rachel is involved).

It aims for Hitchcocklike levels of suspense, but ends up merely echoing similar films that feature the same type of plot twists and story strands (both Before I Go To Sleep and Robert Zemeckis' supernatural Hitchcock-inspired What Lies Beneath are touchstones)

It's directed with very little panache by Tate Taylor, who bathes the film in steely blues and resorts to shaky effects every time Rachel takes a drink. While the thrust of the film should be Rachel's unreliability as a witness, instead of developing that and playing it up, instead Taylor makes it perfectly clear early on that Rachel is innocent and that the hunt for the perpetrator

That we only meet four characters who it could be detracts from any surprise and simply

reinforces the telegraphed ending.

What strives to be a Gone Girl instead ends up something more schlocky and less refined The Girl On The Train suffers from a severe

VERDICT - A damp squib of a film that fails to rise above its pulpy foundations, *The Girl On* The Train is a disappointing effort that feels all too familiar. The cast are fair to middling, but Tate Taylor's direction is flat and the story itself reveals its mysteries far too easily to make this a far from satisfying viewing

experience. Poor.
SEE THIS IF YOU LIKED: Gone Girl (2014), Before I Go To Sleep (2014).



GARETH **JAMIESON**

Follow Screen Talk on Twitter – **@GEMScreenTalk**

MP's story - part three

VETERAN MP Alan slums of London's West November discuss the MP Doughty Saints Victoria Square, beginning at

2.30pm. In the first volume, This Boy, Johnson described being brought Johnson purchases. up by his sister in the book.

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NOVEMBER 19th 2016

Johnson will be in End. Volume two, Please Mister Postman, covered Penarth on Sunday, his time as a postman 6, to and union official.

e third In this latest volume,

volume of his The Long and Winding memoirs with local Road, Johnson moves on th local to his political career, stephen which culminated in at All being appointed Home Church, Secretary in 2009.

Tickets are now available from Griffin Books at £10 each, including refreshments and a discount on book

Call 02920 706455 to

Launched in 2012, the awards have seen more than 35,000 music fans cast their vote, including

Nominees are also put forward for 'The Critic's Choice Award', and Jack will hope his music impresses a panel of three industry experts.

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NEWS IN BRIEF

surgery THE Vale AM, Jane Hutt, will be holding a surgery from 4pm-5pm tomorrow (Friday, October 14), at Barry Citizens Advice Bureau, 119 Broad Street, CF62 7TZ. No appointment

Vale AM's

Valeways walks

ON Sunday, October 16 at 2pm, 'Coast, Lakes and Railway starting at Penath cliff top car park. On Wednesda

October 19 at 10.15yb, Pen mwyaf deheuol Cymru (Most southerly point in Wales), Gorsaf Reilffordd Y Rhws CF62 Also on Wednesday.

October 19 at 10.30am, the Barry Coffee Shop Strollers meet at Romilly Cafe, Cold Knap, Barry.

On October 19 at ...30pm, the Cowbridge Coffee Shop Strollers meet at Cowbridge Physic Garden fountain.

On Sunday, October 23 at 2yb, Y Goedwig Hudl (Magic Forest), maes parcio Hensol Forestry Commission (ST 031768).

Royal residence talk

A MEETING takes place at 7.30pm on Wednesday, October 19 at The Duke of Wellington, when Phil Bowen will talk about Osborne House, Queen Victoria and Prince Albert's holiday home. New members are always welcome.

Bazaar BETHEL House Bazaar takes place at Hebron Hall in Dinas Powys from 2pm-3.30pm on Saturday, November 12. Admission £2.50 to

include tea and cakes. Craft tables available at £5 each which can be booked before October 31. Contact Sue or Julie on 02920 513162.

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Pink Floyd sound in Llantwit

FORMER Llantwit legendary Major Daniel Bowles, will bring his London-Flovd? The and sounds of a Pink help me bring it to life. Flovd concert at Llantwit Rugby Club Saturday, October town.

reputation for authentic like this before!" recreation of the Pink Floyd sound. Using high in

resident P.U.L.S.E. tour.

Daniel said: "I've always been fascinated by Pink Floyd's music based band What and I decided to gather to together some of the best recreate the sights players in the business to

cert at "We're going to be touring a lot in 2017 and it made some on it made sense to kick things off in my home I can promise everyone who comes Australian along that the club has guitarist's band has a not seen anything quite

Tickets are £10 each Floyd sound. Using high in advance from technology and a blazing www.whatthefloyd.com light show, their current and on the door (subject set is based on the to availability) for £12.

Brexit countdown: 'Pound has rough times ahead

HE harsh reality of Brexit has been reflected by the pound becoming the worst performing currency in 2016.

Last Friday's flash crash caused the value of the pound to plummet an astonishing 8 per cent in a mere 240 seconds.

The pound has now fallen by 14 per cent since late May and by 19 per cent since the start of the year. It is the worst-performing major currency in

After a long period of stability, the damage is done and the British economy has now slipped to sixth from fifth place in the world. That is not good news for Theresa May, as she sets out to prove that the British economy is big and vigorous enough to stand on its own two feet and does not need to be in the European single market. How much further can the pound fall? Last

YMCA Barry joins mental stigma battle

charity has thrown its support behind a major new mental health awareness found that, of the young experience stigma.

YMCA Barry is from their own friends.

YMCA Barry is backing #IAMWHOLE, an anti-stigma campaign run by NHS in partnership with YMCA, so social media and through a series of themselves using the mental health-themed from their own friends. As part of its supports. As part of its supports to yMCA Barry, which has operated in Barry since 1890, is asking residents, staff and supporters to themselves using the mental health-themed #IAMWHOLE hashtag

A VALE of on Monday, World Glamorgan youth charity has thrown Stephens. National research compiled by YMCA for the campaign campaign, as people who say they
YMCA research
reveals more than
one in three young than a third (37 per cent) people with mental say it happens at least health difficulties once a week; and 54 per cent say it originates

events. with the campaign circle
The #IAMWHOLE logo painted on their
campaign was launched hands. THE BLOOM TOUR AUTUMN 2016 Sат 15 Ост, 7.30_{РМ} TICKETS £16.50 $\mathsf{ST} extsf{.}\mathsf{DONATS}$

weekend, some forecasters mentioned the feared words "parity with the dollar". I think such talk is too pessimistic. The British economy, for the moment at least, is still the best performing in Europe and has so far shrugged off the threat even of a 'hard' Brexit, which is what we are now heading for.

The Bank of England's swift action to cut interest rates and supply liquidity has so far worked in keeping consumer spending up. A weak pound is good for exports and British exporters have actually been responding.

The service sector is also contributing. However, it will be a long time before the pound gets back to its pre-Brexit level, if it ever does.

It is surprising how many professional people, including bankers and economic journalists here in

the UAE have been of the opinion that Britain will not go through with leaving the EU.

The fear now, as Jeremy Warner wrote in The Daily Telegraph, is that "in markets there are growing fears that the (the UK's) heart will be allowed to rule the head, leading to an irrational and examples."

and economically harmful outcome".

Theresa May's message at the Conservative Party conference of a relatively harsh Brexit and first serious economic remarks have sent the wrong signals and went down badly overseas. The flash crash has shown just how dangerous that can be.

The pound has some rough times ahead before Brexit finally happens. To us British working overseas, it is to our financial advantage.

I note Liam Fox's comments last month: "We are In lote Liam Fox's comments last month: We are not leaving Europe; we are re-joining the rest of the world. I am optimistic about the future. My message is simple: Britain is open for business, and will be more and more so. We now have a whole department at the heart of government whose sole task is to open markets and boost flows of trade and investment which will promote both UK and elabal prosperiy."

global prosperity".

The UAE has roundly disproven the doubts of those who scoffed at its vision two or three decades ago. Similarly, I hope that the United Kingdom will confound the sceptics and become the world's brightest beacon of open markets.

GARETH DAVIES,

(Formerly of the Vale, now resident in Dubai)

Welsh business activity up following Brexit

BUSINESS activity
in Wales rose at the
fastest rate since
Iune 2015 in

Costs. The Lloyds Bank
PMI, is the leading
economic health-check
of UK regions. June 2015 in September, following the Brexit manufacturers and vote.

Wales' PMI – or purchasing managers' index – registered 56.2 in September, up from 54.9 in August. A reading of above 50 signifies expansion in business activity, while a reading below signals contraction.

The increase in business activity was mainly driven by a rise in new orders. Consequently, firms continued to hire new staff, although the rate of job creation was slightly weaker than in August.

The weak pound continued to affect businesses in September with input costs continuing to rise. As a result, companies increased their selling prices to offset highe

It is based on responses from services businesses about the volume of goods and services produced during September compared with a month earlier

Allan Griffiths, regional director for SME Banking, Lloyds Bank Commercial Banking, said:

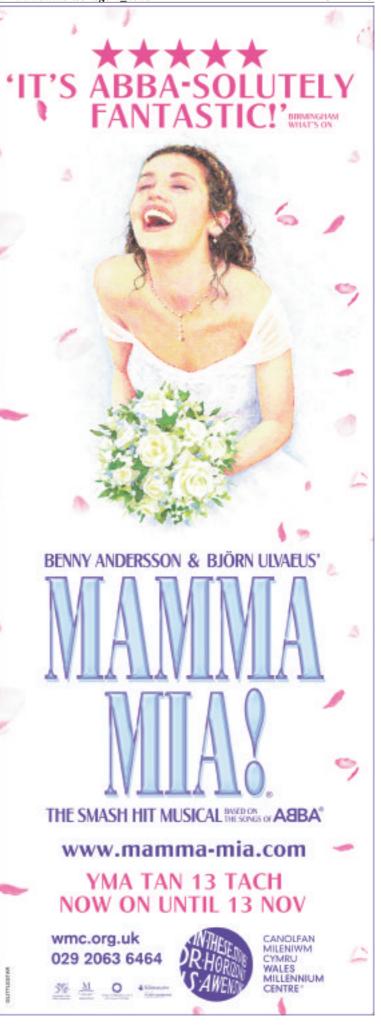
"Operating conditions in the Welsh private sector continued to improve in September following an initial moderation in the aftermath of the Brexit

"While that is good news for companies across Wales, it's essential that businesses plan carefully so that they are prepared for any challenges that may occur over the coming months.

WINTER FAIR TRIP

ON November 28-29, the Royal Welsh showground hosts a Winter Fair and a coach will leave on November 28, departing from Cheapside at 9.30am and returning at 7pm after the fireworks display.

Profits will go to the Bridge Mentoring Scheme in Bridgend. Contact 07505 530567 or contact manuelahiett@aol.com.



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is all about compost and getting everything ready for winter. Leaves have finally fallen and most plants will have become dormant.

In fact, clearing leaves and cutting back dead growth is top of the agenda this month – which is great news because leaves and garden debris are perfect

ingredients for

homemade compost. While the glories of summer have long passed, there should still be lots of interest in your garden.

Look out for the bright berries of the Cotoneaster, or the colourful evergreen foliage of the various holly varieties, and, of cours,e there is always the stunning Dogwood (Cornus).

Dogwoods are reliable and hardy shrubs that

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not only provide a luscious leafy backdrop to summer flowers but have a rainbow of leaf colours through the autumn and then go on to reveal brilliant wandlike stems.

During winter, the brightly coloured stems of dogwoods catch the sunlight to create dazzling displays and although small gardens might only have space for a single plant, in can be positioned where the low winter sun will

shine through

With vibrant stems of intense red, orange and golden yellow it's no vonder varieties have been given names such as Winter Beauty and Midwinter Fire.

In the summer, many shrubby dogwoods carry clusters of tine flowers, usually a creamy-white colour, which often lead on to form dense heads of white berries in autumn.

Dogwoods grow well in almost any soil and are best in a sunny position

As the first winter frosts arrive, there are still a few jobs to be done before bedding the garden down for winter
– as the gardening

experts explain.
Winter is on its way. Leaves are falling rapidly, and wind and rain are on the increase

Tender plants will need protecting from frost, gales and freezing

Move plants into the reenhouse, or into a sheltered spot, but if you can't, it is worth wrapping plants or pots in situ with gardening fleece. Remember winter can be a tough time for birds in terms of water and food, so keep

supplies well topped up. The garden begins to wind down in

November, but there are still gardening jobs to do this month to prepare for winter.

Now is the time to

move any tender plants into the greenhouse, conservatory or porch to shelter them as frosts can cause serious

You should also protect any delicate or exotic plants from winter weather with straw and hessian on the crown and around the trunk.

Bulbs need to be in the ound over winter to flower in spring. Plant spring bulbs like tulips and daffodils now along

RHS flowering plants like pansies and wallflowers.

Another important winter gardening job is to stake tall plants, climbers and young trees. The stakes should be sturdy enough to withstand strong winds

David Domoney, TV gardener and presenter after harvesting.
Plant tulip bulbs in pots

them with at least twice their depth of soil or

compost Take hardwood cuttings from healthy fruit bushes, including currants, blueberries and gooseberries and prune autumn-fruiting raspberries to the ground

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THESE CREEPY **CLOWNS ARE NOT SO FUNNY**

Johnstone

sneezes. Britain catches a cold.

The latest craze to descend on UK shores from across the pond is the 'creepy-clown' where someone affects the guise and make-up of the famous style of circus performer, but with a sinister motive.

Creepy clowns lurk in public places or leap out at people, sometimes children, or the elderly, causing distress and distrust of the generally benign style of entertainer.

A spokesperson for South Wales Police is reminding people that dressing up as clowns, or in costumes, to frighten others intentionally, will have consequences

The spokesperson added: "I can confirm that, force-wide, we have received approximately 30 calls relating to clown incidents over the weekend."

The spokesperson said that there were no specific figures for Bridgend or the Vale, but were no gures for reports have reached The GEM of creepy-clown incidents in Llantwit



A creepy clown

Major, St Athan and concern Brackla.

and particularly to young spokesperson children and the elderly Brackia.

The spokesperson children and the elderly, said: "We would like to and they may end up remind people that this behaviour can cause"

Craft makers' display COWBRIDGE U3A craft makers are presenting work done since their launch three years ago, in the display cabinet at the entrance to Cowbridge Library.

It includes paper craft, jewellery making, dry and wet felting and "individual pictures depicting something about ourselves"

information Forfurther pauline@tiscali.co.uk

Christmas fair

BRYNHILL Golf Club Christmas fayre takes place on Tuesday, November 1 from 6pm-9pm; £1 entry. Refreshments available.

Please note Brynhill Golf Club's AGM takes place on November 22 at 7pm.

Friends Against Scams are out to foil the fraudsters

FOLLOWING recent revelations that a Porthcawl resident came close to being scammed out of a large sum of money by a convincing phone scam, Shared Regulatory Services (SRS) is supporting the Friends Against Scams initiative in order to raise awareness of the financial and emotional impact of mass marketing

Shared Regulatory Services is a partnership between Bridgend, Cardiff, and the Vale of Glamorgan Council, and has taken steps to support residents at risk

of being scammed. A spokesman said: "This move comes after woman from Porthcawl received a telephone call from someone claiming to be from Talk Talk. She granted the caller remote access to her computer after being told there had been unusual activity on her modem.

"The caller said someone had tried to hack into it, and so the modem would need to be changed. The offered £200 as an apology for the problem.

"The caller then asked the resident to log into her bank account, where she would see that £3,200 had mistakenly been put into her account. The caller claimed to have made a terrible mistake and convinced the resident to send a cheque for £3.000.

"Her suspicions became aroused, however, when the caller asked the resident to go to the post office and send a money order, in dollars, to Georgia.

"She went to her bank's local branch, where they confirmed that no such refund had gone into her account.

"As a result, the resident has since refused calls from the caller who she had thought was representing Talk Talk, and has taken other sensible steps: getting the bank to monitor her account: adding anonymous call barring to her telephone having her computer checked over to confirm there is no malware on

Friends Against Scams aims to protect people from becoming victims of scams by empowering communities to 'take a stand against scams

For more information

http://www.friendsagains tscams.org.uk

Dads bare their feelings for Ty Hafan hospice calendar



Dads Brad Watson, Gary Footman, Lee Morgan and Ben Jones.

BRAVE Tŷ Hafan dads have stripped off for a nude calendar - to raise funds and awareness for the Vale-based charity that cares for their family and supports them through their darkest times.

As well as raising a few smiles, the calendar - launched at the Tramshed in Cardiff last Thursday - holds a deeper meaning for all the dads involved, who revealed the reality of raising a child with a life-limiting condition and how they cope when their child sadly dies.

Gareth Jenkins, Tŷ Hafan male support worker, has led the alongside project photographer, Paul Fears, who is also a Tŷ Hafan dad:

"Dads expected to remain strong for the rest of the family, but this calendar shows that behind their

tough exterior, they feel vulnerable, too," said Gareth.

"We hope the public not only have smiles on their faces when looking at our pictures, but also a better understanding of what life can be like for our dads and why it's vital that they don't face their struggles alone.

Cowbridge Art Society

ON Thursday, October 13, the Cowbridge Art Society will have a demonstration of creating a portrait in charcoal by art tutor Sheila Bryant.

On October 20, Pembrokeshire artist Graham Hadlow will give a demonstration of painting a landscape in watercolour.

The society meets on Thursdays (7pm-9pm) at the Old Hall, Cowbridge. Visitors and new members most welcome; see www.cowbridgeartsociety.com.

Sunday Lunch autumn offer at Copthorne Hotel Cardiff

We are re-launching our Sunday Lunch Menu and offering a generous 20% off the total bill including food & drink.

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atmosphere. Demand is expected to be high so please call 02920 599100 to book your table to avoid disappointment.

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Nigel Owens recalls the dark days as he supports Samaritans

Cymru launched their 2015/16 'Impact Report' for World Mental Health Day on Monday, October 10, with the support of respected Welsh international rugby referee, Nigel Owens

The report how demonstrates Samaritans Cymru helps people who are struggling to cope in Wales, from reaching out people to high-risk groups and Wales. We want to communities to their ensureanyone who needs partnerships

This is alongside their ongoing engagement dignity and respect they with Welsh Government and the National Accomble. and the National Samaritans Cymr Assembly to influence emphasising importance of surrounding sui prevention in Wales.

Samaritans for their excellent and longstanding work. particularly around

suicide prevention." supporting the "We take the issue of Samaritans Cymru mental health and well- 2015/16 Impact Report. being extremely "With suicide rates for being extremely seriously. Our strategy, men being the highest we especially need to 'Together for Mental since 1981 in Wales, I am target men in mid-life, Heath', is designed to right behind their aim of living in situations of improve the mental well- emphassing the deprivation."



NIGEL OWENS.

with to access high quality, prisons, schools, mental health services hospitals and rail staff. can do so and that they are treated with the

men suicide talking about their teles. emotional and mental Health Secretary health with the latest Vaughan Gething AM, ONS statistics which said: "I'd like to thank Samaritans for their suicides in Wales in 2014 were men.

"I'm proud to be

talking about their emotional and mental health

"In the past, when I was suffering with mental health issues surrounding my dealing with my sexuality, I wish I had been more aware of charities like Samaritans who are always there to

help.
"If I had, perhaps I wouldn't have ended up in such a dark place and so close to losing my life.

In Wales, Samaritans want to has nine branches which manage their emotional service. The demand for the service is ever increasing – in 2015, it took a call every three minutes in Wales and received 175,767 calls for help.

Sarah Stone, executive director for Samaritans in Wales, said: "Suicide is now the single biggest killer of men aged under 45 in the UK.\

"We need to get better were men. at tackling the social Nigel Owens said: issues men in Wales face.

"We need to open up a the dialogue in which men Cymru feel more able to talk Report. about mental health and suicidal feelings - and

PUPILS ARE MAKING A MINT!

CHILDREN from Llancarfan Primary School discovered how to spot fake coins during an exciting day out to the Royal Mint Experience in Llantrisant.

They weighed, measured and examined, deciding whether the coins were the genuine article or cunning forgeries.
After the workshop,

the children looked around the Mint and its museum, with each minting their own individual 2016 one pound coin.

This was especially exciting, as with the advent of the new 12sided pound coin next year, the mint will not be putting 2016 coins into circulation.

Thanks to all at the Mint for a fab day out and for Edwards coaches for getting us there



Local companies show Aerospace expertise

SIX Welsh companies, including St Athan Aerospace Business Park and Spectrum Technologies, Bridgend, will be showcasing the best that the Welsh aerospace industry has to offer at MRO Europe - the largest event of its kind outside north America.

Some 20 per cent of the UK's

maintenance, repair and overhaul (MRO) business is placed in Wales. MRO Europe, which this year takes place at RAI Amsterdam from October 18-20, is the annual highlight for the commercial air transport MRO industry and is seen as the place to forge new partnerships.

As a direct result of participating in the event in 2015, Welsh businesses scooped a collective £2.8 million of deals.

Attended by the likes of Airbus, Boeing, BA and Bombardier, last year, the trade conference received over 6,400 visitors to the event - the largest in its history.

For the fifth consecutive year, leading names from the Welsh aerospace industry will come together on the Welsh Government stand to promote their expertise and services and highlight that Wales is a great place to do business.



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time to consider your home's energy When looking at replacement windows and doors, as tempting as

it is to focus on the aesthetic design, technology is vitally important. Up to 30 per cent of your home's

heat loss can be through the windows, so style must be backed up with substance. To shop smart, it's important to get to grips with Window Energy Ratings (WER).

Similar to the ratings found on home applances, WER ranges from A aning most energy efficient| dos to G. UK building regulations stipulate

a 'C' rating as the standard window rating expected in modern hom



areas of life, technology moves on guickly. Just five years ago doors and windows were installed that today would not achieve a Crasing. In fact, a window or door installed five years ago could be around 30 per cent less efficient than one installed today

Opting for A rated windows will mini mise your carbon footprint and reduce your energy bills meaning a better return on your home improvement investment. And for the ultimate future proofing, the Ambient. Window can achieve an A+ rating.

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- · Peace and quiet: As well as keeping the heat in, energy efficient-window insulate your home against outside
- Reduced condensation: Energyefficient glazing reduces condensation build-up on the inside of windows.

the need

and for improved

communication to

former HM Armed

Forces personnel,

news reaches The

GEM of just such a

project in the Vale.

Readers will recall a piece in the edition of September 22 featuring Robert Adams, a Barry

resident and veteran, and

his call for a veterans

Dr David Trotman, chairman of Woody's

Lodge Management Board (WLMB), contacted The GEM

veterans'

for a

centre.

Redundancy fears at British Airways, Rhoose

AS The GEM was going to contractors were being taken on, more detail regarding their press, an unconfirmed including for a retrofit of British decision to make technicians report said that staff at British

Airways Boeing 747s with wi-fi.

The GEM asked BA for "The aircraft maintenance skills

Maintenance Cardiff Ltd

(BAMC) based at Cardiff

(BAMC) based at Cardiff

(BAMC) based at Cardiff

meetings scheduled Wednesday, October 12.

made redundant whilst new also be pressing BA to provide

vedenesday, October 12. have requested a meeting with BA please contact this newspaper at the said, being the planned staff reduction. I will telephone number.

Maintenance Cardiff Ltd (BAMC), based at Cardiff our colleagues and union at BAMC about restructuring generation of aircraft are redundancies at the engineering base in Rhoose.

The caller, who did not wish to be identified, said that the announcement was made to one shift last night, with further meetings scheduled for Wednesday October 12 wednesday October 12 have requested a meeting with BA please contact this newspaper at the proposal sto ensure we consulted and generation of aircraft are maintained here in the Vale of the consultation of aircraft are maintained here in the Vale following the retirement of older planes from service."

The GEM will report further extraction with BA please contact this newspaper at the proposed redundancies? If so, please contact this newspaper at the proposed redundancies? If so, please contact this newspaper at the proposed redundancies? If so, please contact this newspaper at the proposed redundancies? If so, please contact this newspaper at the proposal sto ensure we continue to deliver a sustainable and following the retirement of older planes from service."

While the consultation of aircraft are maintained here in the Vale planes from service. The GEM will report further meetings scheduled by these proposals to ensure we continue to deliver a sustainable and following the retirement of older planes from service. The GEM will report further meeting with second to none. My priority will be to ensure that the next entering that the consultation of aircraft are maintained here in the Vale following the retirement of older planes from service.

The GEM will report further details."

The generation of aircraft are meating with be to ensure that the next details and deliver a sustainable and following the retirement of older planes from service."

ANDY JOHNSTONE

BARRY MEN'S FORUM ARE TOLD ALL ABOUT UFOS...

MIKE **CHEESEMAN** gave a thought provoking talk with numerous photographs and film of **Unidentified Flying** Objects, the definition of which

THE Met Office

has predicted that

temperatures will

month, making it

rise above 20°C this

one of the warmest

However, according

season will be longer than usual, with the tiny

parasites more likely to

continue breeding and

feeding in the UK's grassland and wooded

are most at risk as they

countryside on walks

are more likely to

venture into the

Dogs and their owners

autumns in recent

to experts, this also

means that the tick

vears.

is 'A mysterious object seen in the sky for which it is claimed no orthodox scientific explanation can be found', often supposed to be a vehicle carrying

Mark Spurlock of Bob

Martin warns: "Ticks

because of their size, but

may seem harmless

a small number carry

disease and Babesiosis.

serious for animals and

"We would always

recommend prevention,

so pet owners should be

control longer this year

because of the warmer

season to extend until

the end of October, so

"We expect the tick

aware they need to

continue their tick

diseases, like Lyme

which can be very

humans

weather

season' warning

from Met Office

These sightings are not just recent – there are records of them going back to the Egyptians, 3000 years ago, referred to in carvings and papayas writings.
The famous

astrologer, Edmund Haley, first recorded recorded in 1556 a

two years there have been 720 unexplained UFOs, and many more number of unexplained sightings, which left some may be really from outer space.

There are also thousands of alleged abductions, with some people being taken for short periods and others for weeks, and when they have been returned many of them have high levels of radiation.

Also others claim of seeing 'aliens', evidenc is very slim to be able

to prove.

The members agreed protect yourself and your claims, most were

Forum meet at the Trinity Presbyterian Church Hall, every Thursday morning starts at 10.15am and finishes by noon. New members are welcome, and charge is £2 per meeting, which includes light refreshments.

information, contact the secretary on 01446 741498, or email philipwalters3434@

veracity.

At the next meeting on October 20, Mr Nick John Rees – will be talking about marine art The Barry Men's

about work to establish a centre for veterans at RNR HMS Cambria. WLMB comprises six veterans and one civilian, and since last year, has been working to open the centre, which is named after and commemorates the life of local Royal Marine, For further

Woodland.

Woody, a member of the Special Boat Service, died in October

Afghanistan.

Dr Trotman said: "Initial analysis shows that there are more than 5,000 veterans residing in Barry alone with over 60 per cent of these residents, now over the age of 65 years, many of whom are possibly facing welfare, health

and social problems.
"Woody's Lodge will be there to companionship direct signposting to agencies and agencies and organisations that offer

required skilled support.
The concept for the the Vale

Woody's Lodge will provide support for veterans in three main provide areas:

preparing deployment

Veterans' centre that

will honour Barry

Marine 'Woody' is

nearing completion

to offer and

project has come from the hangar floor, engine room, and the sentry box, in that it is based on the needs, experiences and wishes of veterans currently living within

safe, quiet, secure a safe, quiet, secure and happy environment

by Andy Johnstone



The late Paul 'Woody' Woodland, a Royal Marine, after whom the veterans' drop-in centre is named.

build friendships, "to pull up a sandbag have a

Woody's Lodge will also provide the space for activities such as art, music and gardening, if veterans so wish to join, to which they will be welcomed free of

charge.
Woody's Lodge will provide office accommodation and private spaces, free of charge, to veteran support agencies. Some 22 organisations, 22 organisations, including NHS services, have expressed an interest in being based at Woody's Lodge and have a fixed foothold within the locality.

Woody's Lodge also provides the agencies working there to talk and liaise with each other in order to work more closely together and provide 'joined up' provide 'joined up' support for veterans. Dr Trotman said:

"The WLMB wishes to express its indebtedness to the Royal Navy staff

the Reserve Forces and Cadets' Association, Wales, in allowing access to former navalrating housing at the station, and allowing the group to undertake the required refurbishment of the building and getting it up to a serviceable standard." getting

The building will include a suite of four office spaces for staff, volunteers and agency workers to meet with veterans, and on the ground-floor, a kitchen. loos and a large social space - former living rooms - for people to meet and chat.

Woody's Lodge will be open for veterans between 10am and 2pm Monday to Thursday for 48 weeks a year.

Dr Trotman added that, with help of veterans from the Royal of Signals, WLMB has been able to establish disabled access to and from Woody's

WLMB is looking at the issue of transport, such as a pick-up service around Barry for those who have difficulty in getting around.

There is also the potential to run a shuttle Cadoxton Station, for veterans who wish to travel from Cardiff, the Valleys and Bridgend.

WLMB and The project has gained support from the Vale Council-led Armed Covenant Forces' and Group, further information will be released developments occur.

extra-terrestrial 'Halley's Comet', also 'Extended tick Mike said in the last

that have been explained as lights, clouds, aircraft and numerous hoaxes, but even so this left a large him convinced that

that although there were many unexplained

Learn CPR and save a life

READERS will recall the quick reactions of Llantwit Major's Tom Wood (The **GEM September** 29), who performed cardio-pulmonary resuscitation (CPR) on a gentleman in Galton's barber in the town.

Aged just 14, Tom, whom learnt his CPR skills in the Air Cadets kept the man alive until the professionals arrived Tom learnt young,

and Welsh
Hearts/Calonnau Cymru
- the heart charity for
Wales – will run a dropin session on CPR
training at the National
Assembly this Monday,
October 17, from 10.30
to 4pm for anyone aged
10 or over. Youngsters
should attend with and Welsh should attend with parents or guardians, or their teachers.

Those attending can learn basic life-saving skills including how to perform CPR and use a defibrillator, so that, if the time comes, a life

can be saved.

All people attending and completing the training will receive a certificate, and light liquid refreshments are available

For more information and to book a place go wwww.welshhearts.org/t raining or call 02920 647735.

"Unfortunately

Lavernock could join Penarth'

'Woody

SAYS COUNCILLOR A PROPOSAL that powers

a part of Penarth, has been mooted by who sees several residents. benefits for residents if they came into the town.

Coun Ernest, who has been a town councillor for many years, and is a former Penarth Mayor and past chairman of the Vale of Glamorgan Council, said this week that Lavernock Park, (or Cosmeston as some prefer to name it), had gained nothing from being "lumped in" with Sully, and that most residents saw their future within Penarth, not least with schools and

shopping. Coun Ernest, represents the adjoining Plymouth Ward of Penarth continued: represented "Having Lavernock in the past for a number of years, I was acutely concious that precept of Sully Council, yet never had anything in return for their council

Lavernock become councils are relatively imited and that may be why no facilities were nas been mooted by a long standing well-liked residential Penarth councillor, area with over 1,000

> "Even today, five later, years Lavernock is no better off under Sully than some much smaller villages in the rural Vale.

> "I am very concious so that the local councillors for that area try hard to be effective, but they suffer from a lack of funding and political representation at higher levels, and that does not help them one bit", the councillor continued.

"If Lavernock Park (and only Lavernock Park) were to come into Penarth, residents would undoubtedly benefit from improved representation undoubted investment from a much better resourced local council, and they may well want to consider this at a time when they are residents in the large and at a time when they are very popular estate threatened by yet more very popular estate threatened by yet more contributed heavily to the housing developments, that threaten to obliterate the boundaries between Penarth and Sully with nothing to show the return," he concluded.

PACT meetings

BARUC PACT on Thursday, October 20 at 7pm in St Barucs Church Hall, Phyllis Street Barry Island. BUTTRILLS PACT, Town Council Offices, Gladstone Road, Barry, on October 27 at 6.30pm.

CADOC – meet your local officers at Waitrose,
Palmerston Road, Barry, between 11am and 1pm.

RHOOSE Coffee and Chat at the Six Bells, Penmark, on October 25 at 11am.

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Variety is the spice of Christmas with a huge choice of places to enjoy your party!

The most wonderful time to satisfy the more demanding palate. of the year -Christmas - is approaching once more, and that means the office party season.

While the office, club or society party can be the highlight of the year it can also be a disaster unless it is held at the right venue with good food.

Well in the Vale and Bridgend there are no excuses. The choice of venues, restaurants, pubs and hotels is hugely varied, and they can cater for Christmas parties to suit groups of varying sizes

There are lots of places which offer traditional fare - turkey and Christmas pudding - which remain as popular as ever

But for those looking for something a bit more daring and exotic, many venues now offer a new twist on the basic menu with other options designed

But whichever meal you prefer, the important thing is that top quality foodstuffs are used and that they are properly cooked and beautifully presented

The ambience at Christmas events is also crucial - roaring log fires and crackers may be a bit of a cliché - but it's what most people expect.

Many hotels and restaurants spend a

lot of money on really top class decorations which are a world away from the tinsel and tack of vestervear.

A room beautifully decorated in swags of greenery, coloured berries and subtly lit with candlelight is probably the finest setting for celebrating the most important event in the calendar.

It is worth asking whether your venue is making efforts to create a good Christmas atmosphere with decorations and festive hits.

So, with good food, fine wines and the right setting, the only other ingredient necessary for a great night

It's a great opportunity to relax with colleagues you work with for 12 months of the year and don't get a proper chance to discuss things other than work-related topics.

Lots of Christmas get-togethers are staged by organisations - ranging from choirs, art societies, WIs, charity fundraisers and sporting groups – in fact any organisation which brings people together.

Most organise a Christmas event which gives members, who perhaps only see each other once a week, a chance to enjoy each other's company in more relaxing circumstances

Yes, there's plenty to be said for the Christmas party. Just make sure you ensure that yours is as good as it can be by hiring the right venue for you and your group – whether it be a cosy country inn or a grand hotel where everyone can really dress up.

The choice is yours - and it's a wide

TIME is running out to book the first choice venue for the office Christmas party.

Hotels and restaurants in the Vale and Bridgend have got a good reputation for providing not only good festive meals, but

entertainment as well. So it is time to make a decision.

It is best for someone to volunteer to organise things, and consult with colleagues on what would make a really great night out.

What sort of party do your staff fancy? A sit down meal, so that working colleagues can enjoy a relaxing evening? Or perhaps the people at your work place want the excitement of a disco or a themed evening

like an 80s night?

Ladies are often keen to have a dance some of the chaps less so and need a little encouragement for their annual spin on the dance floor.

Some venues do party evenings that cater for lots of companies on the same night.

Once you've made your decision, it's time to lift the phone and make that all important booking - now, before you miss out!



Now being taken

The alternative Christmas meal with belly dancing entertainment for larger parties

19 BROAD STREET, BARRY CF62 7AB Opening hours: Tuesday-Saturday (Monday Close LUNCH 12pm - 2.30pm. EVENING 5.30pm - Late SUNDAY 12.30pm - 9pm.

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MAIN COURSE

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Prime 10-12oz Local Ribeye Steak Cooked to your Liking \$\frac{1}{25.00} \text{ Extra}\$

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Carer is in line for Nurse of the Year award

A BRIDGEND based home manager running for a

major award. Angela Rec spent many years working qualified as a mental health nurse before moving into home management. She now works for Integra Community Living Options, who have a number of care homes across



south Wales for adults aged over 18.

Angela is in charge of Integra's Ty Newydd care home in Roath, Cardiff, which cares for a small number of women aged 18 to 65 with mental health

Her dedicated approach to caring has earned Angela a place in the 2016 Wales Care Awards at City Hall in Cardiff on Friday, October 21. The event, organised by Care Forum Wales is known as the social care organisers and honours people who have the X-Factor in social care.

Angela, who has been shortlisted in the Nurse of

the Year category of the awards sponsored by Ontex UK, is originally from Aberdare and began her training as a mental health nurse at the age of 18 at the Whitchurch Hospital in Cardiff, qualifying three vears later, and has spent her entire career in either the health or social care sectors

PLEA FOR POPPY APPEAL VOLUNTEERS

THE Royal British Legion (RBL) is asking for volunteers for the 2016 Poppy Appeal from October 24 to November 12.

Anyone – with military service or not – interested in volunteering should contact Andrew Reekie, Bridgend branch of the RBL, on 01656 669988.

Treat in store for **Penarth Ramblers**

for Powvs. circular ramble to **Cosmeston Country** Park, and back again.

Station Road steps and a narrow walkway led them to the busy A4055 and underneath the Coffinmakers Railway Bridge, named after a

a field behind Home bone masonry and above Farm's listed stone barn the altar is the delightful

Ŵâkra Hospital, Doha.

for the future.

a Hall Farm, a treat was in to store as the tiny church dedicated to St Peter, which fell into disuse during the 18th century but was lovingly restored by John, Marquis of Bute, was open.

Over the years, there

the have have been many alterations but the small chancel is Saxon, while coffin makers business the chancel arch and that used to be nearby.

After crossing a stile the Norman era. Within onto Sully Road and the lower part of the heading south, avoiding church walls are some the traffic before entering fine examples of herring fine examples of herring the state of the state of the heading south, avoiding the state of the stat

Health chief

goes to Doha

PROFESSOR Adam Cairns of Cardiff &

Vale University Health Board has been

appointed chief executive officer of Al

Mr Cairns said: "It has been a great privilege to serve as CEO of Cardiff and Value University Health

Board (CAV UHB) and I would like to thank my

fellow board members for their unstinting support.
"I would also like to pay tribute to everyone who

vorks at CAV; their passion and dedication has been

a constant source of inspiration to me. I would like

to wish everyone at the Health Board great succes

ON a superb sunny and large dung heap, a bronze reredos which farm track led on to a was presented by Lord muddy gateway and bute and is an adaptation of the Transfiguration of Country Park.

Christ. However, the church is sadly infected District Ramblers played host to a group of 10 walkers who joined him at the Twyn in Dinas Road to reach Old Cogan endeavouring to raise endeavouring to raise funds to alleviate the problems and keep this historic building alive for years to come.

Re-joining Sully Road, a narrow lane led to the road and past the old St Cyres School, now earmarked for building houses, and joining the Ash Path down to the Murch, they retraced their steps back to Dinas for refreshments at the Cross Keys Inn.

Cross Keys Inn.
On October 15, meet at 9.30am at Cogan Leisure Centre for a seven-mile moderate walk taking in Castell Coch and The Wenallt; contact Geraint on 029 1261 5278 2051 5278

On October 19, the mid-week walk leave Cogan at 7.30am in order to catch the 9.20am bus from Chepstow to Monmouth followed by the 17-mile hard linear walk back to Chepstow; contact William on 07528 701 952. To follow the group

please log onto www.penarthramblers.w please ordpress.com Facebook

JOY STRANGWARD



Rocks, minerals and fossils in the geology room. All photos by LIAM KENNY

Students show pupils around their school

amazing what you can find in the lab.

Comprehensive School's students and staff were delighted to welcome visitors to the school's annual vear-6 open evening recently.

The year-5 and 6 students, their parents/guardians and families were treated to a range of demonstrations experiments and

workshops. The enthusiastic future students joined in as they explored the classrooms, labs and

workshops. The visitors on from our second year of record-breaking

were able to chat to current students about their experiences at school as well as talking to teachers about the range of subjects and

support on offer. Headteacher, Gerard McNamara said: "The open evening was a great success. Following GCSE results, visitors were interested to find out what Barry Comprehensive has to offer. We look forward to seeing our year-5 and 6 visitors again as they prepare for their move to secondary education.

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£395,000 Five double bedroom detached residence Views across farmland and countryside Ideal family accommodation



Y CERIGOS, BARRY £325,000



£192,950



£135,000



AFAL SUR, BARRY £249,950



HELLAS DRIVE, BARRY £339,000



PONTYPRIDD ROAD, BARRY £257,950 Two/three bedroomed detached bungalow West end location. No chain. Mature large garden



ST JAMES CRESCENT, BARRY £379,950



COURTLANDS, BARRY £99,950



LAVERNOCK POINT, SULLY £29,500 Two bedroom holiday chalet Sully/Penarth location Offered for sale with No Chair



Two double bedroom first floor apartment Town centre Location Offered for sale with No Chain



Grade II Listed detached chapel Four bedroom in central location degrage with bespoke accommodation abo





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- Four/five reception rooms
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- · Self contained annex
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- EPC = D

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pa black Cheese & Wine Evening! Wednesday 19th October

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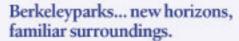
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Spirited game sees the Seaweeds edge out Bridgend Sports





It was a tight game on Saturday, but it was Porthcawl was I orthcawl who just managed to hold on to beat **Bridgend Sports** in the Bowl.

TRACEY WILLIAMS was on hand to capture the match action, and you can find a full match report on page 43.

Pictured left, is Josh White.



Porthcawl RFC junior round-up

UNDER-10S - KENFIG HILL Mackenzie who continued to break the

25, PORTHCAWL 15
Another game of two halves where
we travelled to Kenfig to play
against a team that also likes to throw the ball around - and we had a feast of rugby.

Kenfig started strong using the slope to score two early tries where our defence and rucking was not on form allowing Kenfig to race ahead.

In the second half we showed true guts and determination to get back into the game. We started to drive up in defence and put Kenfig on the back foot from the start and we started to get on par in the ruck area and turn the ball

Much of this was down to Dexter who again was immense in the ruck area and in attack, and was right up there with tackle count even though he sat out first 10 minutes of the game.

Another player to show heart and determination today was Joel with four tackles and four barnstorming runs and nearly scored in the corner: he was awarded clubman for individual effort.

Lex and Dylan continued to pile up the tackle count today but had limited space to run as Kenfig defence was strong. Piers was back in his game today with high tackle count, rucking and scoring two good tries to level the

score and picking up top try scorer.

One player who was outstanding in all aspects as he led from the front in defence and attack was

Kenfig line and was rewarded with a try, and was also superb in defence

UNDER-11S - KENFIG HILL 40, PORTHCAWL 25

Kenfig started full of gusto and scored from the kick off with a great solo effort scoring in the right hand

A few minutes later we conceded again. The next passages of play were exceptional from both teams, Porthcawl deciding to play the wider game with some great combinations from the scrum, scrum half, fly half and centres

We were the stronger side in the second section of the first half clawing the score back to a respectable 25-20 at

The second half got under way and Kenfig seemed to up there game, mainly because they were being forced to do so by Porthcawl. A couple of easy tries were scored by them and, but Sam Taylor-King got on the scoresheet for the fourth time in this section with our only score of the second half. Final score 40 -25.

In the under-8s Kenfig Hill were defeated 9-15 by Porthcawl, the under-9s drew 15-15 against the same opponents, the under-12s were 45-14 winners over Kenfig Hill, the under-13s were defeated 21-40 by Bridgend Athletic and the youth lost 10-3 against Neath Athletic.

Pencoed seconds share the spoils with Maesteg Celtic

early running in their encounter with Maesteg Celtic.

Following a good first scrum of the match Pencoed half backs Tom Daniel and Jamie Pensom moved the ball to strong running centre Gareth Thomas who was eventually held deep in the home 22.

Celtic then created their first clear cut opportunity and only a fine cover tackle from Aaron Songhurst prevented a home score.

It was Pencoed however who opened the scoring, Tom Swansbury breaking away Thomas crashing over.

The home side hit back immediately moving the ball wide for Zac Collier to before Daniel again did well to clean up score wide out. Pensom then restored the from the restart. Following a driving run

play from prop forward Brandon Nelson took play to the home line and quick recycled ball saw supporting full back Rhys Clarke race over wide out; Pensom converted and Pencoed led 5-15.

A Rhodri Thomas penalty then reduced the arrears. Pencoed skipper Daniel then did well to clean up scrappy possession from the restart and Pencoed returned to the attack and appeared somewhat unlucky to be called back for a forward pass with flanker Scott Griffiths set to score, and the score remained 8-15 at the interval

The home side, now playing down the slope, pressed hard early in the half, a and Pencoed maintained possession slope, pressed hard early in the half, a through Thomas and Songhurst with turnover from Griffiths relieving Celtic ressure

Pensom then added another penalty

PENCOED seconds, playing with Pencoed lead with a penalty goal and from Nelson once again a forward pass the pitch advantage, made the within minutes increased their lead, driving denied Pencoed a score and it was Celtic play from prop forward Brandon Nelson, who were next on the scoresheet with a try who were next on the scoresheet with a try from Neil Arthur; Codey Jones converted before levelling matters at 18-18 going into the final 10 minutes.

The home side then took the lead for the first time in the match, Ian Herbert forcing his way over, and Jones adding the extras for a 25-18 lead.

The late Pencoed introduction to the field of play of the evergreen Dai Clarke saw him join sons Owain and Rhys with father Dai clearing the initial breakdown possession leading to the final Pencoed try, Thomas and Griffiths taking play to the shadow of the home posts before Thomas again crashed over, Pensom converting and matters ended at 25-25.

*See more from Pencoed RFC on page 30.

Nineteen past captains celebrate with a get-together at golf club



THE first Friday of each October is always a special day for the past captains of St Athan Golf Club as it is the date that they set aside for their annual gathering.

This year's club captain, Craig Sherman had the honour of hosting the event, commencing with a 'meet and greet' followed by an 18-hole stableford competition for those still able to participate in

the sport.
Unfortunately many of the past captains are now restricted in their attendance at the club for including ill health and living out of the area but throughout the day they all had their own 'tales to tell' of their time spent at St Athan both on and off the course.

Nineteen former captains, resplendent in club jackets and ties, attended the presentation dinner with Craig chairing the evening at the head of the table and the immediate captain, Taff Edwards at the bottom.

The others were seated in order of seniority on their year of captaincy, the earliest being Tony Brown who took the helm in 1983.

helm in 1905.

Craig opened his play.
speech by thanking his play.

To underparts for Till inhibit. TW attending and inviting unbiased invitation and winning the title seven new found friendships











course; if they had enjoyed playing it and had felt it was well presented chairman of play is Hugh for second and third then their remarks could Williams, the 2013 club place, scoring 39 and 38 then their remarks could be directed to him, any captain.

Descripted comments presentation of the act captain's trophy culminated with present enjoying j

them to pass on their nothing to do with the times) who carded a comments about the golf fact that Craig is a magnificent 41 points. member of the green-keeping staff and the

be directed to him, any negative comments should be pointed past captain's trophy culminated with an towards the chairman of went to JWG Morgan present enjoying jovial (retaining the trophy banter between the mostly of the past year and now themselves, cementing the found friendships

Hugh Williams and Mike Clark had to settle

cementing information.

and toasting the memory of absent friends.

St Athan is proud of its history; a members club who cater for green fee players but particularly welcome new social and

playing members.

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Youth win... and David makes history!

ABOVE: Callum Palmer.

RIGHT: David Clarke with sons Rhys and Owain

PENCOED RFC youth were 35-3 winners over Pontyclun Saturday.

In other news, David Clarke made history as he lined up for the second XV alongside two of his sons, Rhys and Owain.

David said: "I have finally had a game with my two eldest boys and hope to do it again with Sion and my nephew Ben. Thanks, Pencoed seconds, I loved my five minutes of action!"





Pencoed Phoenix put in full effort against Seven Sisters

Phoenix started their game against Seven Sisters well. with the first try from the everthreatening. talented, sidestepping Leanne Burnell, with Hannah Seward kicking for goal.

But this lead was shortlived with Seven controlling things through their experienced oustide-half and centre, who controlled the whole game. Phoenix put in 100

per cent as usual but with, again, a very limited number of girls to play it was going to a hard, long afternoon.

There were plays with some brilliant foot work from Leanne Burnell and attacks from Lauren Atkins, Charlie Mundy, Rhianydd Morgan and Amie

All the team deserve pat on the back for their efforts on the pitch; Phoenix's very own under-15, under-18 and Welsh under-18 cap Amy Morgan played her second game at senior level and fitted well into the senior team.

Leanne Burnell was voted lady of the match by Seven.

Final score 36-8. Phoenix now have a two week break.
The under-15s and

under-18s were also in action on weekend with both winning, the under-15s defeating Nelson 34-29 and under-18s beating Ynysddu 51-10 well done to everyone involved.

Anyone interested in playing, helping and supporting will be very welcome at the club contact Pencoed RFC on 01656 860152 or via Facebook - search for Pencoed Phoenix.

Go to our dedicated sports page for the latest stories and breaking news... @sport_gem







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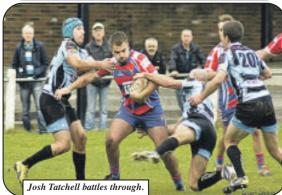
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Tondu RFC exit the Plate after defeat











from Tondu gave them a first minute lead in this game against Llanharan via a penalty from the boot of Paul Smithson.

But after that a more clinical Llanharan side took the game by the

took the game by the scruff of the neck.
Tries from flanker Paul Winter and wing Rhydian Worgan, both converted by full back Gavin Parsons, gave the home side a deserved 14-3 half-time lead.

half The second started with a Parsons penalty before left wing Chris Poole sealed the game with a 60th minute

try for the home side.
Tondu did manage late consolation try from left wing Shane Kinsella but the visitors never reached the levels of recent weeks and Llanharan were good value for this 22-8 SWALEC Plate win. Tondu are back in

league action this Saturday with a visit to Saturday wi...
Ystradgynlais where they will have to on their improve on their performance to keep up their title challenge.

${f Athletic}$ seconds' ease to victory BRIDGEND

Athletic second XV had a comprehensive 64-10 win at their Glynneath counterparts in a

Mid Glamorgan **District Premier** League game on October 1.

They crossed for 10 ies with centre Chris Walker crossing for a try hat trick leading the way

Wing Josh Seldon scored a try double with single touchdowns for prop Gethin Cattle. flanker Geraint Lang, scrum half Nick Iones and wing Andrew Tyler Veteran prop replacement Ian Holman also crossed for a try his second of the season

Outside half Scott Jones converted four of the tries and full back Liam Phillips weighed in with three conversions.

Go to our dedicated sports page for the latest stories and breaking news. @sport_gem



Under-11s' derby encounter is very tightly contested

TO use the old cliché, this encojunter between **Bridgend Sports** under-11s and **Bridgend Athletic** under-11s was a game of two very different halves.

The derby between the two sides is always hotly contested and this ame was no exception Both sides

generously agreed to play on a Thursday evening in lieu of the scheduled Sunday fixture. The desire passion and courage of both teams was evident in a first half of the highest quality and one where the scores were tied at half-time.

Bridgend Athletic took a very early lead when Rhys Hockings fielded the kick off deep in his own half and then opted to run showing good pace to elude the Sports defenders and then run the length of the field to score.

The Athletic continued to apply the early pressure and were awarded a number of penalties from 10 netres out, but a sound tackle from Mackenzie Dent backed up with a Ieuan Pilliner drive at the ruck provided ball for the home side to work their way up field but a loose pass conceded possession to the away side who moved the ball wide to run in their second try and take a 0-10 lead.

Bridgend Sports responded superbly and for the remaining fifteen minutes of the half they dominated territory pinning their opponents down in their half with a master show of tackling from Harri Williams and Iestyn John, solid rucking from Dewi Worrall and some powerful running from Mackenzie Dent, Megan Lewis and Thomas Coles helped their team level the first half score. Such character and

determination was to earn a just reward as two tries from Megan Lewis and Harri Williams ensured the derby remained 10-10 at half-time.

Both tries were scored through some sharp thinking and application as the Sports opted to tap and run penalties quickly.
The Sports honoured

the spirit of the WRU policy to provide game time for all players and rotated every player in their match day squad to ensure all players were given the opportunity to develop for the long term benefit of the players and the wider game.

Their opponents opted for stability and limited the number of

changes. The second half was very different from the first in scoring terms, while the Sports competed hard to keep the Athletic within their own half, the Athletic managed to exploit kicks into space to break out of defence and score tries through some fine running from

Hockings. The Sports under-11s however, have developed into a determined squad who are full of pride and commitment.

Tristan James Louis Philemon and Rhys

Every player in their match day squad played. All players wore their hearts on their sleeves to rally and pin the Athletic down deep into their half in the

closing stages of the game. Such effort earned

the team a late score as Megan Lewis powered her way over for the final try of the game

It was another derby that was hotly contested and played in great

Squad: Bailey Llewellyn Hopkins; Ben King; Cadan Hayes; Callum Lewis: Cian John; Dewi Worrall; Dylan Morgan; Harri Edmunds; Harri Williams; Iestyn John; Ieuan Pilliner: Jodie Keane; Joel Rogers; Mackenzie Dent; Megan Lewis; Morgan Edwards; Richard Kirkup; Thomas Chick; Thomas Coles; Tyler Burton; Tyron Davies.

Local golf course builds new nine-hole course to develop junior talent



PYLE and Kenfig Golf Club has bequest was being used in this way. started building a nine-hole par Sturat Finlay, the regional golf three course, aimed at helping juniors and beginners to learn the

Called the 'junior academy course' it has been funded by a grant from Sport Wales, the Golf Union of Wales, and from a club fund the Betty Mackintosh Legacy'. The club already owns the land

A club spokesman said he was would be delighted that their 01656 783093, ext 2.

Sturat Finlay, the regional golf development manager of the Welsh Golf Union, said: "We are delighted to be able to support the academy course project, as we know this will play a key role in developing the girls and boys who will be the Welsh golf stars of tomorrow.'

The nine-hole academy course will open in Spring 2017.

For more details, contact the club sure that Mr and Mrs Mackintosh professional, Dylan Williams, on

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Public Notice

PUBLIC NOTICE LICENSING ACT 2003 Section 17 (5) Application for a

An application has been made to Bridgend County Borough Council (the Licensing Authority) for a PREMISES LICENCE To permit licensable activities which it is proposed will be carried on, on or from the premises shown below. Details of the application may be inspected between the hours of: Monday to Thursday 0830 to 1700 hours and Friday 0830 to 1630 hours at Civic Offices, Angel Street, Bridgend, CF31 4WB or by visiting the authority's website: www.bridgend.gov.uk. An application has been www.bridgend.gov.uk. Any responsible authority or any other person may make representations in respect of the application, which must be submitted, in

writing, to the following address before the date address before the date shown below:-Licensing Section, Bridgend County Borough Council, Civic Offices, Angel Street, Bridgend,

Angel Street, Bridgerid, CF31 4WB. NAME OF APPLICANT: Maesteg Celtic Athletic & Social Club NAME AND POSTAL ADDRESS OF THE PREMISES:

Maesteg Celtic Athletic & Social Club, Bridgend Road, Garth, Maesteg,

CF34 ONE
STATEMENT OF
INTENDED LICENSABLE
ACTIVITIES: (1)
Supply of alcohol and
regular entertainment Mon
to Sun 11:00 to 24:00. New
Years Eve 11:00 to 00:30.
DATE BY WHICH
REPRESENTATIONS
MUST BE MADD:
This notice remains in force

This notice remains in force from and including the day after the giving of this notice to the licensing

authority, namely 11th October 2016, for 28 consecutive days. It is an offence knowingly or recklessly to make a fa statement in connection with an application. The maximum fine on summan onviction is £5,000

Adeilad y Goron Parc Cathays Caerdydd CF10 3NQ

The Planning Inspectorate Yr Arolygiaeth Gynllunio

wales@pins.gsi.gov.uk

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AROLYGYDD A BENODIR GAN Weinidogion Cymru

YN BRESENNOL YN Yr Ystafell Bwedd, Swyddfa'r Doc, Y Barri CF63 4RT

AR Dovid Mawrth 17 Ionawr 2017 am 10 a.m.

ER MWYN CYNNAL YMCHWILIAD LLEOL CYHOEDDLIS AC WEDYN I BENDERFYNLI AR:

GORCHYMYN DIWYGIO MAP DIFFINIOL (YCHWANEGU LLWYBR TROED CYHOEDDUS RHIF 72E, Y BARRI) CYNGOR BRO MORGANNWG 2014

MORGANNWG 2014

Blatth y Gorchymyn, os calff ei gedarnhau lei y'i gwnaed, bydd addesa'r Mop Biffrieid a'r Cusgarlad ar gyfer yr ardal mwy chwanegu ayru y llwyfar moed gy'n rhedeg o hryfar troed cyhoeddas 72 y 16 celn 13 Poeth y Cased. Y Bart, am tas 30 metr i'r gogledd-orllewin o'r fynedda waned cheffforeid ar Gyfeimod Geld Cereddorfield 300855 100948, gan barhau i gyfieltiad y gogledd-otheysin gan ddilyn tosc gallag arwynet o triodd am 37 metr fyd ar Gyfeimod Card Cereddorfield 300855 100948, gan barhau i genrynet o triodd am 37 metr fyd ar Gyfeimod Card Cereddorfield 3008070 166070°, wedge mae'r bright yn malwysyddu aithiad deddorfynniaid gan barhau i liwr y fliw am 107 metr fyd ar lleff yn y Cyfeiriod Card Caneddorfod 300900 166070°, cyforswn y flydi yw 144 met. a'i lled yn 1 met.

Diben y Y Ymchwliaid yw gallagoi'r Arelygydd i i

Ditten yr Yrrchwiliad yw gallaogi'r Arolygydd i glywed sylwedau gan y personau hynny sydd wedi gwrthwynebu'r Gorchynyn. Bydd unityw besonau enill a buddenr yn gallu bod yn besonau chell ar iddyns siasad yn ôl disgresiwn yr Arolygydd.

Mass unthys benedung in dymano greekly degenische achos a deglennos exell yn ymweud â'r Gordinnynton yn gollu genesid hynny drwy apwyriad yn Syyddieyld Cygger Bro Morganning, Swyddia'r Doc, Docisiu'r Bent, T. Barri CHS-48T. cyngllochi A Greyn Regige ar D1446 7 0088 10 rea antoswch neges e-bool at gwteagaetii wiediglomorgan govali.

Isabel Nethell

rdodwyd gan Weinidogiae Cymru RYDAM YN CROESAWU GOHEBIAETH YN GYMRAEG A SAESNEG

HYSBYSIR DRWY HYN Y BYDD NOTICE IS HEREBY GIVEN THAT AN INSPECTOR APPOINTED BY

the Welsh Ministers WILL ATTEND AT

The Boardroom, Docks Office, Barry Docks, Barry CF63 4RT AR

Tuesday 17th January 2017 at 10 a.m. TO HOLD A PUBLIC LOCAL INQUIRY AND TO SUBSEQUENTLY DETERMINE:

THE VALE OF GLAMORGAN COUNCIL -(ADDITION OF PUBLIC FOOTPATH NO. 725, BARRY) - DEFINITIVE MAP MODIFICATION **ORDER 2014**

ORDER 2014

The effect of the Order, if confirmed as made, will modify the Definitive Map and Statement for the area by adding to them the footpath running from public footpath 72e of the new of 39 Poeth y Castall, Barry, approximately 30 metres north visit of the roll tunnel entrance of NGR 309855 160948, continuing is a north easterly direction following a track with an earth surface for 37 metres to NGR 309879 163079; the path then adopts a south easterly alignment continuing downfull for 107 metres, to the peerlous location of a set of steps before joining Romilly Post Road at NGR 309960 165907; total length 144 metres, width 1 metre.

The purpose of the Inquiry is to enable the Inspector to hear representation from those persons who have objected to the Order. Any other interested persons may also attend and be allowed to speak at the discretion of the Inspector.

Any person withing to view the statements of case and other documents relating to the Orders may do so by appointment at the Male of Glamotgan Council Offices. Body Office, Burry Decks, Barry CF03 487 - Contact Gwyn Teages on O1446 704610 or errail gwreagues? Veleniglamongan govuk.

Authorised by the Weish Ministr WE WELCOME COMMUNICATIONS IN WELSH AND ENGLISH

Public Notice

Family Notices

JONES Glynne John

Peacefully at Llandough Hospital on October 7, Glynne, aged 92 years. Beloved husband of Mary, much loved dad of Alan, Hilary and the late Lesley and father-in-law of Rachel and Philip. Cherished grandad of Rebecca, Owen, Elizabeth, Helen and Bronwen and great grandchildren Lucia, Joshua, Grace, Emily, Thomas, Daniel, William and Sophie

Resting at A.G. Adams & Son until the funeral service a Cardiff & Glamorgan Crematorium on Friday, October 21 at 3pm. Family flowers only, donations in lieu if so desired, for Marie Curie c/o the Funeral Director.

MATHESON Gordon Christopher

Suddenly on September 21 at his home in Llantwit Major, Gordon, dearly loved husband of Tracey, devoted dad of Kieran and Kirsty.

Resting at the Private Funeral Home of W. James & Sons, Fonmon. Funeral Friday, October 21, service 2pm at St. Illtuds Church, Llantwit Major, followed

by interment in Llantwit Major Cemetery. No flowers by request, donations in lieu, if desired, to British Heart Foundation, c/o J James, 11 Fonnon Road, Rhoose, Vale of Glamorgan, CF62 3DZ.

TREHARNE

Arthur

Peacefully at the Royal Glamorgan Hospital on Thursday, September 22, Arthur of Cowbridge Road, Pontyclun, will be sadly missed by all his family and friends.

Resting at Pontyclun Funeral Services Private Chapel of Rest until the funeral on Monday, October 17, service at St Anne's Church, Talvgarn at 11am, followed by private internment at Ystradowen Church. Family flowers by request. Donations in memory of Arthur may be sent for, Smile Train c/o Pontyclun Funeral Services, Clun Avenue, Pontyclun, CF72 9AG. Tel 01443 224358

FORDER

Peacefully on October 4 at Morriston Hospital, Brian of Llantwit Major, dear husband of Helen.

Resting at the Private Funeral Home of W James & Sons, Fonmon. Funeral Wednesday, October 19, service and cremation 2.45pm at Coychurch Crematorium Bridgend. Family flowers only may be sent to the Funeral Home, donations in lieu, if desired, to Ward C, ABMU, Morriston Hospital c/o J James, 11 Fonmon Road, Rhoose, Vale of Glamorgan, CF62 3DZ.

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FOWLER William Leslie

Passed away peacefully in his sleep at the University Hospital of Wales on October 6, aged 78 years. Beloved husband of the late Elaine. Much loved father of Edward, Helene, Martin, Stephen and their partners Hillary, Nick, Ange and Donna. Cherished grandfather to Chelsea, Christopher, Nathan, Nicole, Sophie and great grandfather to Caelan.

Bill will be dearly missed by all who knew and loved him.

His service and committal will be held at Cardiff nd Glamorgan Crematorium, Port Road East, Barry on Wednesday, October 19 at 2pm. Family flowers only, donations, if desired, can be made to support Marie Curie Hospice. Resting at The Vale Funeral Service, 181 Court Road, Barry.

Further enquiries contact Lyndsay Ellis on 01446 407962.

COX Jason

Jason sadly passed away on September 28. Loving husband of Carina, adored father of Morgan, Kane and Lacey, best friend to Damian and much loved son and nephew. Jason will be sadly and greatly missed by all family and friends.

service of celebration will be held on Thursday, October 20 at 2pm at Cardiff & Glamorgan Memorial Park and Crematorium, Port Road East, Barry, CF62 9PX. Flowers may be sent to Green Willow Funerals, 21A Station Road, Dinas Powys CF64 4DE.

Any enquiries to Green Willow Funerals. Tel: (029) 2051 4627.

In Memory

IN MEMOI Ronnie Williams

16 October 2015

It's been a year since you passed away, Your're always in our hearts and thoughts. Love and miss you Winnie and family xxx

DAD

(Ronnie Williams)

16 October 2015

Its been a year since you passed away, We miss you each and every day. Love Deb, Tony & family xxx Joanne, Leonard & family xxx

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Lyndsay

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ELLIS **Evelyn May**

Peacefully in her sleep at Collegefields Nursing Home, Barry, Evelyn May, aged 98 years, previously of Wenvoe Terrace, Barry, Beloved wife of the late Cyril. Dearly loved mother of Haydn and the late Graham, mother-in-law of Patricia and Jean. Cherished grandmother of Stephen, Jayne and the late Sara, great grandmother of Ceri-Marie and Jessie. Evelyn will be sadly missed by all of her family and friends.

Resting at A.G. Adams & Son Funeral Home, Gladstone Road, Barry, where flowers may be sent until the funeral on Wednesday, October 19. Funeral service at Princes Street Evangelical Church, Princes Street, Barry, at 1.45pm, followed by interment at Barry Cemetery.

Acknowledgements

PEMBRIDGE ***

Brian and Jackie wish to thank family and friends for their kind support, cards and donations. Also, thank you to Marie Curie Hospice, Penarth.

Also, many thanks to W James & Sons, Funeral Directors and Reverend Melanie Prince.

GATT Carolyn Jane

The family of the late Carolyn Jane would like to nank everyone who attended her funeral on Monday, October 3. They are very thankful for your kind words, support and donations in lieu of flowers. Thank you to Father Kevin Lake for a lovely heartfelt service. A special thank you to all the staff at Holme Tower for the care Carolyn and the family received and thank you to Park Funeral Directors. Carolyn will be sadly missed by all who knew her

Anniversary

Anita and Howard Llewellyn

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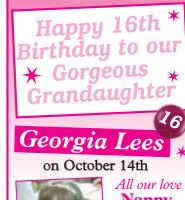
MARK SNATCHFOLD

who were married on Saturday, October 8 at the Bear Hotel, Cowbridge.

Wishing you both every happiness for your future together. Love and best wishes from all your friends at The GEM.

Birthdays







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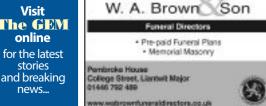
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On and Off The Turf

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EVERY year, tens of e, the Racecourse, festival and Sad culminating in the yard Gold Cup.

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thought this seeminglyset the stage for an to prepare Tabik intense and blistering race of his life. attempt to outsmart fierce cyber criminal?

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the world of horse racing is turned on its head and the serenity of a Somerset racing yard becomes the playground for a whip-

raping adventure.

Tabikat is a talented racehorse, bred in rural Ireland by Eoghan Foley, a former jump jockey with a dramatic past.
This thriller, set in the

horse-racing world, tells the story of the fight back against an organised crime family by Tabikat's connections

moves Sampfield Grange, point-to-point training yard in Somerset; Frossiac, a village on the Canal du Midi in Aude.

Gloucestershire. Tabikat holds an entry in the Gold Cup and is unexpectedly sent from a top Irish yard to reclusive English trainer James Sampfield Peveril, known to the racing

world as Sam.
Sam is visited by an old friend, Frank Stanley, who asks him to take on a mysterious new

determined

Kye McMahon, Sam's thousands of racegoers stable groom, fears cram themselves into Isabella will expose his C h e l t e n h a m activities as a drug dealer while household staff of Kelly and Lewis believe steeplechasing, for the Isabella to be having an week-long affair with Frank Stanley.
and Sadie Shinkins, the

manager preoccupied with her affair with Merlin ap Rhys, Tabikat's jockey, as innocent gathering could the two of them help Sam for an to prepare Tabikat for the

Meanwhile, a mys terious English visitor to Harriet a remote French village is novels, writing a novel about a ble! murder at a deserted murder at a deserted airfield committed by the plays out in *Tabikat*, as head of an organised crime family.

connection between the author George Harvey, Isabella Hall and the racehorse Tabikat gradually Sam emerges desperately tries to understand the true nature of what Frank Stanley has really asked of him.

Peopled by colourful characters, both good and bad, from the racing world, the story reaches The main action its climax as the oves between Cheltenham Gold Cup is

a run.

ng The book will appeal to anyone who enjoys a gradually unfolding thriller set in the exciting world of horse racing and France; Gleannglas, a world of horse racing and small town in County it can be obtained, either Kerry, Ireland; and the on Kindle or in paperback on Kindle or in paperback famed Cheltenham Racecourse in Cheltenham www.feedaread.com/boo ks/Tabikat-97817

> THELIGNY WINS TheLigny, a winner for Aberthin's Tim Vaughan last month, kept up the good work by scoring again at Huntingdon on

Partnered by champion jockey Richard Johnson the promising five-yearemployee, Isabella Hall.
The staff at the yard suspect that Isabella is Coors Novices' Hurdle not what she seems, and race by two lengths from to My Mo and went off the

Golf day in aid of the **Cerys Potter Foundation**



SATURDAY, October 8, saw the fifth annual Llancarfan Charity Golf Day in aid of the Cerys Potter Foundation which was held at Cottrell Park Golf Club.

Eighteen golfers of differing standards came together in a Texas Scramble format to see who would be champions and hold the bragging rights for the

remaining 12 months.

There were a number of competitions throughout the day; Marilyn Barrett won the nearest the pin on the eighth hole narrowly edging out Paul Murphy.

John Ford was victorious in the longest drive, with stunning shot that pitched past his nearest rival's ball again Paul Murphy.

Max Evans correctly guessed the number of balls lost on the day – 30 in all!

Simon Cox the professional at Cottrell Park Golf Club kindly donated a free lesson that was raffled and



It was a very close fought match with all five teams within four points of each other, congratulations to the winning team.

The teams retired to the Fox & Hounds where James and his team fed the teams with a slap-up pie & mash supper.

We'd like to thank the organisers – Matt, Rich and John, to James at the Fox & Hounds for hosting us and raised £150

The winning four ball were the team that consisted of Paul Murphy (finally he won something!), Nick Crane, Bobby D and Janey Williams.

John to James at the Fox & Hounds for hosting us and also to Cottrell Park for organising a fantastic event that brought together members of the community and raise over £350 for a charity that is very close to our hearts.

PENARTH HOCKEY CLUB ROUND-UP

PENARTH Hockey Club's first XI were made to work hard for a share of the spoils in a top-of-the-table clash with Swindon, allowing the seconds to bask in the glory of an 8-0 thrashing of local rivals Whitchurch in week two of the new GoCrea8 league campaign.

From the start, Swindon proved to be a very solid team with no weak links for Penarth to expose.

The match was played at a frantic tempo with the visitors flying out of the blocks and, even though Penarth gradually managed to wrest control after the opening exchanges, it was Swindon that broke the deadlock, with a reverse stick cross finding an unmarked attacker at the back post to give them the lead midway through the first

Penarth refused to let their heads drop, however, and continued to press for a goal of their own. While their efforts were to no avail before the half-time whistle, the Bears came out strong after the break and, once again,

Bears came out strong after the break and, once again, their tough pre-season preparation paid off as they looked the fresher team pushing forward.

The Vale side had a gilt-edge chance to equalise from the penalty spot after a Ben Croxall shot was illegally stopped on the goal line but, despite David Joyce sending the Swindon keeper the wrong way, his effort was somehow clawed off the line by the nethinder's flailing stick.

Again, Penarth refused to let the setback deflate them. knowing that, as their pressure mounted, it would only be a matter of time before they'd get the chance to level

e scores.

Sure enough, the opportunity arose via another penalty flick after Swindon again illegally prevented a shot from crossing the line and, this time, Croxall stepped up and made no mistake from the spot. Penarth could now sense victory and went for the jugular but, attacking with reckless abandon, left

themselves open at the back, allowing Swindon to strike

themselves open at the back, allowing Swindon to strike on the counter-attack, with an excellent reverse stick shot regaining the lead for the visitors.

With little time remaining, Penarth threw caution to the wind and went all-out in attack in an effort to rescue something from the game. With just minutes on the clock, captain Tom Haran sent a long pass up the right wing, allowing Chris Baker to leave his marker for dead before driving into the D and smashing the ball into the bottom corner with unerring accuracy and composure.

The Bears almost snatched all three points' right at the

death, as Joyce shot narrowly wide, but it was not the Vale side's finest performance, at times panicking when they fell behind, and it took all the spirit and fight that took them to a division title last season to come away

share of the spoils.
WHITCHURCH C 0, PENARTH A 8

After a disappointing defeat on the opening weekend of the season, Penarth's second XI looked to get their first points on the board in De Cymru 1 with an away game against Whitchurch 'C', and it was a strong side – complete with a couple of summer signings that made the trip knowing that nothing short of victory would suffice.

Penarth started well and dominated from the off, with Sam Docherty orchestrating from central midfield. Unsurprisingly, it did not take long for the pressure on the pitch to transfer to the scoreboard with Phil Lane converting an early penalty corner.

Penarth soon doubled their lead when Dave Kidby tapped home at the back post, while further strikes from Steve Davies - with his first touch of the game - and Lane, with a sweet strike from the top of the D, made it 4-0 within 20 minutes

playing excellent hockey and maintained their keep the scoreline at 1-0.

momentum with captain Sam Chick grabbing a fifth before Davies added a sixth before half-time.

The Vale side looked to keep up the intensity after the

interval, but Whitchurch came out for the second half much more organised and enjoyed a spell of possession

that led to a series of penalty short corners.

During this period of play, however, a goalmouth scramble escalated into an altercation between Penarth goalkeeper Simon Comfort and one of the Whitchurch players, which saw Comfort receive a yellow card and time in the sin bin while his adversary was shown a straight red for violent conduct.

With no keeper for 10 minutes, Mark Thomas bravely offered to stand in as 'kicking back' only to find that his first duty was to face down another Whitchurch penalty Defiantly, Thomas proceeded to charge the corner

down, blocking the shot which nicely cushioned the ball

to Chick to start a Penarth breakaway.

Chick duly took the ball upfield before slipping a pass to Chris McCarthy, who completed a hat-trick of assists by unselfishly squaring to Kidby for another tap-in.

With Penarth a man up for the majority of the second half, Whitchurch might have capitulated but, to their cardit they worked triangles, but for instructe the Beaus and

credit, they worked tirelessly to frustrate the Bears and limited the visiting side to just one further score, with Sam Salisbury continuing his strong start to the season

Swansea University C 1, PENARTH B 0
The third XI travelled to Swansea to take on the local university's C team in their first De Cymru 3 league match of the season and what was expected to be one of the hardest matches of the campaign turned out to

The students dominated most of the possession in the first half, but failed to create many clear-cut chances due to a solid and well-organised defensive display by the Penarth back four of James Davies, Simon Wilkinson,

Morgan Salisbury and Rob Harrison.

As the half wore on, Penarth slowly got themselves back into the game and created a couple of good chances through quick breaks, although these were unfortunately wasted by the forwards.

Despite that, Penarth went into the break in the ascendancy and confident that they could get something out of the game, but the second half started the same way as the first, with the university side controlling most of

Once again, however, the Penarth defence thwarted what chances were created and, even when the students did find a way through, some good saves by goalkeeper Mark Harris meant that there was no score going into the final quarter.

As they had in the first period. Penarth started to get more of the possession as the half wore on, and again created two or three good opportunities only to see them

go begging.

Good use of rolling substitutions by the Bears mean that they matched the youth and fitness of the students, with Tom Griffiths working tirelessly in the midfield on

The resistance could not last, however, and the university gradually began to play more and more of the game in the Penarth half.

The home side continued to waste the opportunity to

put then game away.

With little over five minutes remaining, the Bears looked like they were going to hang on for a draw, only for a late effort from the students to take a deflection in ane, with a sweet strike from the top of the D, made it 0 within 20 minutes.

the D before being diverted into his own net by the hapless Paul Thomas. Penarth mounted a late challenge Whitchurch looked shell-shocked but Penarth were for a share of the points, but the university held on to

Vale United make it eight wins on the bounce against Dinas

the Vale United juggernaut, as they were soundly beaten by the league leaders at Brig y Don.

Coming into the game on the back of a 6-2 victory in the cup last week. United made key changes in

week, United made key changes in order to keep players fresh heading into the long winter slog.

Out went skipper Richard Evans, with the effervescent Thomas Hopkin slotting in at rightback, while the midfield trio of Dan Hanson, Phil Caseley and Matt Hobbs were all reinstated to the starting 11 after being rested against Barry Saints.

The impressive strike force of

The impressive strike force of Jay Tominey, Alex Gregory and Nathan Jenkins were once again

After the game finally got underway, it didn't take long for Vale to hit their stride, the busy Jay

Vale's attacking threat was clear to see, with Nathan Jenkins next to test the home-team, shooting straight at the keeper when it seemed easier to score

It was one-way traffic up until this point, although Dinas did threaten once on the break, forcing stand-in skipper, Gerwyn Teague into an important, if routine, save, to keep the score at 0-1.

Minutes later, it was 0-2 - a training ground corner routine saw Tominey pick out Gregory on the edge of the box, the in-form winger lashing home a first-time half-volley to give the scoreline the look

that United's dominance deserved. The half continued in much the same fashion, United squandering given chance to impress after last chances galore, through a mixture weekend's rout. chances galore, through a mixture of rank-bad finishing and inspired goalkeeping from the home team's giant stopper.

Vale came into the second half

Tominey flicking in a delightful looking to build on their impressive

DINAS POWYS were the header from dead-ball specialist, first half, though a tactical change latest team to fall victim to the Vale United juggernant.

Matt Hobbs, to give the visitors a deserved 0-1 lead. by Dinas saw them able to stifle the regularity of the Vale attacks by Dinas saw them able to stifle the regularity of the Vale attacks though when they did beat the back-line, it was once again bad finishing that kept the scoreline a

> Dinas very rarely threatened the Vale backline which was once again marshalled superbly Steve Harris and Joe Williams, with James Davies and Thomas Hopkin proving a real attacking threat from full-back, while also remembering their defensive duties.

> As the game wore on, more chances came and went for the unusually profligate visitors, as they missed chance after chance to put the game to bed and improve their already healthy goal difference.

> As it was, the half-time scoreline was also the full-time score line the 2-0 victory stretching their winning run to an impressive eight

Half marathon, full effort

PHOTOGRAPHS by GLYN EVANS

OTHER PICTURES ARE AVAILABLE FROM THIS EVENT.

Pictures can be purchased by contacting:

E-Mail: ffotoimage@tiscali.co.uk Telephone 07791 228684 www.ffotoimage.co.uk

THEY came from near and went far – 13.1 miles to be precise – around Cardiff for 2016's half-marathon, which took place on October 2.

Billed as 'flat, fast and iconic', the halfmarathon took in some of the Welsh capital's best-known areas, such as Roath and Pontcanna, and, naturally, Cardiff Bay. Roll on 2017!













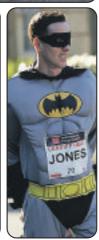






















Llantwit Major **RFC** progress in the Bowl

THE third round of the cup competition brought familiar visitors Canton RFC to the Recreation Ground.

Llantwit were expecting a tough encounter which didn't materialise as they cantered to a 45-3 win This was partly due to a very good performance from the home team and also Canton's decision to field a development XV consisting of a mixture of first and second XV players. The game was all

about the first half as Llantwit racked up 38 points with only an early penalty in reply by

The forwards set the platform as yet again they dominated a much bigger pack in the scrum with a strong performance, putting Canton under early pressure which they never really recovered from. An early Dan Powell penalty was just reward for the good start and big tackles being put in across the

Next saw the highlight of the game as man of the match fullback Wise Vakacegu took a pass inside the Llantwit half and make an audacious shimmy and dummy pass which left not only the opponents but most of the crowd flummoxed as to what was

happening. By the time they had caught up, Wise had already split the Canton defence apart and broken away, good

from his fellow backs putting Jack Austin over at the clubhouse end for a converted try

This was soon followed by a second try, again coming from some excellent back play and quick passing putting strong running wing Luke Dawes over

under the posts.
There was no doubt by this time that Llantwit were going to be too strong for their opponents as they were dominating all set pieces, particularly the scrum, confirmed with a well-organised pushover try being grounded by number eight Rob Carter. It was then the turn

Rhys Balmont showed his pace in racing over from another move started from inside their own half. The first half ended with Steff Godwin capping a solid performance at scrum half by diving over from some more forward pressure.

The second half began as the first half ended with Llantwit quickly crossing the whitewash at the school end with a Gareth Watts try and a touchline conversion from the ever-dependable Powell who contributed 13 points from his accurate

kicking.
The rest of the half sadly did not live up to the start as the game saw no further score as Canton, to their credit, stubbornly refused to lie down and defended strongly and threw everything they had at the home team

The Llantwit coaching team also took advantage of the big

Under-9s are left tired but happy!

SATURDAY saw performances However, the three Llantwit it was decided to award it to one of their under-9 teams in action in glorious sunshine massive shift helping all against Suny, and tackles.

the Dragons away tackles.

Bleddyn Barry Town Yellows.

Having had a few players pull out after failing late fitness tests, the teams were a bit stretched so meant some very tired legs at the end.

All games were close

with the Lions and over the park with some Saints at home fine passing and skills whilst also doing the dirty work with covering

won the award for the Lions with another sterling performance terrorising the defences with his runs and long

throw-ins.
The Saints' went to Ethan Bacon who is a very consistent player and once again put in a great all round

lead to make several changes and give some fringe players a good run out. The game though was still entertaining with plenty of open rugby from both sides and a sin-binning

Another pleasing aspect for the coaches was Llantwit's defence in not conceding any points when down to 14 men and for the second game running, not conceding any tries.

each to contend with.

Hopefully, this will be good preparation for this week's game as they take the long trip up the A470 to Merthyi Tydfil as Cefn Coed RFC are the opponents kick-off 2.30pm

The game will provide a stern test of Llantwit's early season form as they face the unbeaten league leaders any supporters are welcome to travel on the team bus leaving at 12 noon.

A final note to make is, disappointingly, there has again been an increase in dog muck being found on the Recreation Ground. Thi is unacceptable as the health of players and children is at risk.

Dog mess is not only unsightly and unpleasant but can spread disease, or in extreme cases, cause blindness. The rugby club is appealing to dog owners who allow this practice to stop before any harm is caused.

Brynhill

Golf

Club

ladies'

results

SEPTEMBER 6

Winners Gemma Evans, Linda Hewlett

Andrea Page and Norma Philips = 62.4 nett.

September 20, four club competition: Winner

Gemma Evans over the back nine from Jenny

Winner Linda Hewlett

=30 pts. Breakthrough

Welsh dragon brooch

competition: Winner Robbie Lee = 76 nett. Brynhill Golf Club

Christmas fayre takes

trophy

Page

competition

Pateman = 32 pts.

September

WinnerAndrea

Consolation

brooch

=36pts.

Texas

competition:

Barry Town finals after giant killing!

UNDERDOGS expanded competition Barry Town United since September 2001. October 4.

After Town striker Park, watched by a crowd of around 300 spectators.

The Archers had been The Archers nad been awarded a penalty of their own within moments of Barry's opener, only for opener, only for goalkeeper Mike Lewis to pull out a crucial save, preserving the home side's slender advantage.

Barry's best chance in open play came when away at Goytre Dixon struck the crossbar Gwent (2.30pm). before the break, and while the Met enjoyed their fair share of possession over the course of the 90 minutes, the visitors were unable to break down a resolute Town defence, inspired by returning man of the match Lewis Cosslett.

This was Barry's first competitive victory over Baldock, Dan Bradley
Welsh Premier League
TJ Nagi (for Cotterill) adversaries for more than Kareem 12 years and their first Dixon). home win in the newly-

Barry will now host booked their place in the quarter-finals booked their place in the quarter-finals booked their place in the quarter-finals booked their place below the place in the quarter-finals booked their place in the quarter-finals booked the place in the quarter-final booked the q in the quarter-finals of the Nathaniel MG Cup with an impressive 1-0 win construction with the quarter-finals, as Gavin Chesterfield's squad over Welsh Premier continue their pursuit for League opposition senior silverware on four Tuesday, separate fronts.

The tie between Barry and Haverfordwest will James Dixon had been be played at Jenner Park bundled over in the box, on Tuesday, October 25 Bobby Briers' 67th- (7.45pm), with the minute spot kick proved winners set to be handed enough to see off Cardiff a semi-final showdown Met at a floodlit Jenner on neutral ground with either Carmarthen Town or Newtown.

The northern section of the quarter-final draw meanwhile, Connah's Quay against Rhyl and Bangor City against holders The New Saints.

Barry return to Welsh League Division One action this weekend away at Goytre AFC in

Barry Town: Lewis, Bobby Briers, Luke Cooper, Lewis Cosslett, Chris Hugh James Saddler (c), Louis Gerrard, Jordan Cotterill, Tyrell Webbe, James Dixon, Michael Hartley. Substitutes: Nathan Mathias, Lee TJ Nagi (for Cotterill), Leigh

Barry and District Ladies Skittle League results

LATEST results for 31) 234; Merry Makers LATEST results for 31 234; Merry Makers the Barry and (H Davies 26) 236, SV Lights (N Alsop 27) 200. Skittle League for week commencing September 29:

September 29:

Aspinal 26) 239; Vixens Division 15: V. Col. (W Theorem 24) 271.

September 29:
Division 1: SV Gals
(V Pycroft 30) 286, Red
Admiral (M Gee 29) 260; (W Fycfoli 30) 286, Ret Admiral (M Gee 29) 260; Pila Palas (D Sullivan, M Jones 32) 331, Bakers Dozen (S Davis 35) 296; Special Angels (K Hillberg, D Grisdale 22) 193, Family and Friends (J Phillips 29) 244; Barry Stars (C Bishop, S Phillips 32) 315, Space Finders (E Worthy 38) 324; Coppers (J Williams 34) 321, Family Affair (Sandra Wilson 36) 325; Colcot Ladies (K Taylor, P Jackson 27) 221, Bobby's Girls (L Evans 28) 223; Allsorts (D Booneley 28) 231, Cigar Ladies (F Simmond 28) 246.

Division 2: Castle Bandits (C Kerslake 27) 245, Breakaways (C Parfitt, V Martin 26) 239; Rhoose Starlights (G Oliver 27) 256, Fallen All gallies were close player and once again once again but extremely competitive.

The Dragons' player of the week award was a three sides at home difficult choice again entertaining Barry Town with a couple of players Blues and Holton Road. putting in fine

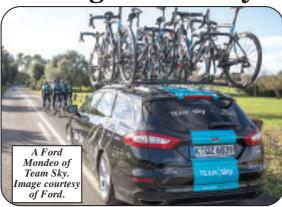
This was sees the sides at home three sides at home three sides at home three sides at home three sides at home to section's annual general meeting takes place on November 2.2 at 7pm.

This week sees the sides at home three sides at home sides of three sides at home three sides at home

(K Thomas 34) 271 (K. Inomas 34) 271, Rugby Triers (J Gouch 25) 24; Westenders (S Morgan, C Gee 26) 219, Rebels (S Collier, S Oram 25) 233; Challengers (D Collard 33) 293, La Belles (J Cordy 36) 317; Uptown Girls (L Cosslett 21) 214, Witches (V Walters 22) 219; S V Ladies (W Norman 29) 275, Dolly Mixtures (K Rideout 29) 302; Twilights (C Thomas 24) 213, Etcetera (M Grasby 22)

Division Outers (G Baker 28) 189. Persuaders (J Neil 25) 220; Optimists (E Playe, J Holland 29) 266, Off The Rails (J Sims 29) 256; Boozy Birds (C Connell, J Mills 3) 301, Witchill Wanderers (V Kerslake

Team Sky and Tour reach quarter- de Ford motor into **Bridgend county**



CYCLISTS in south Wales are Ford rides, in association with Team invited to get a taste of the pro Sky, are a great way for cyclists to get cycling experience at a Tour de their own local roads. "We want to Ford-led ride, in association with Team Sky, at Bridgend Ford, Waterton Industrial Estate, Bridgend, on Sunday, Ford events. October 16.

supplier of cars and vans, is hosting Tour de Ford events around the country.

The free group cycle rides will be accompanied by Team Sky-liveried Ford Mondeo estate cars – the same vehicles used to support 2016 Tour de France-winning team.

The route, of around 50 miles, in the south Wales countryside will start and crew.

finish at Bridgend Ford.

The non-competitive rides will follow a route plotted on Strava, the visit

offer an enjoyable and different day's riding for local cyclists and hope riders will join us on the inaugural Tour de

The Tour de Ford celebrates Ford's Ford, which is Team Sky's exclusive partnership with Team Sky. The purpose of cars and vans, is hosting our de Ford events around the Sky access to a range of Ford vehicles to provide specific support for all key areas of the Team Sky racing and nonracing programme.

Liveried in the distinctive blue and

black Team Sky colours, the most visible cars in the peloton are the Ford Mondeo estates used by the team's

Cyclists wanting more information or to take part in Tour de Ford, please

Attps://www.eventbrite.co.uk/e/tour-Lisa Brankin, director of marketing, de-ford-bridgend-ford-registration-Ford of Britain, said: "Our Tour de 27752542602

Tennis club record their first win!



AFTER rain the match winning in a match delayed the start of third set tiebreak 3-6, 6- resched Llantwit Major Tennis resurgence competitive tennis, against their opposite last weekend LMTC visited Garw Valley TC to play their nrst match in over Valley first pair as they 10 years and also cruised to a more recorded their first 3.62 and 5.2 are pair as they cruised to a more comfortable victory of 6. win!

Acting team captain Roger Williams travelled to face their opponents in the Valleys alongside Dawn Howels, Vicki Seaton and Neil Davies.

The match was an incredibly close affair with the final result being

pair Vicki and Neil play their opposite number in what turned out to be the 1.30pm LMTC will face Club on Facebook and match that decided the Barry Community Tennis Twitter. tie. Garw Valley edged Club which was the RC

4, 10-8.

Second pair Dawn and number winning straight sets 7-6, 6-3. Confidence

clearly high for the Garw 3, 6-2 over Dawn and Roger. Llantwit first pair Vicki and Neil took the final rubber in another close straight sets win 6-4, 6-4 which also sealed the overall win in the tie thanks to that crucial set

in the first round. incredibly close affair Pictured are last we with the final result being weekend's team (from www decided by a single set. right to left): Dawn or The first round of Howels, Neil Davies, infinatches saw LMTC first Roger Williams and Vicki k.

Seaton. This Saturday rescheduled due to rain in September.
During the match only

Club's Roger also had a close one court will be into but successful first match available for the regular social tennis that takes place each week on a

Saturday from 2pm. Social tennis on Friday from 5.30pm will continue each week until the clocks change.

The club welcomes any spectators for the match and also any new players looking to take up tennis.

If you are interested in joining or would like to find out more about our club, please visit our website – www.llantwittennis.co.uk

info@llantwittennis.co.u

You can also find Llantwit Major Tennis

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Ed Meggitt (chairman of Lord's Taverners

Welsh region; Jamie Sylvester (Macron

Cardiff); Jane John (chairman of Lady

Taverners Welsh region).

Taverners set

their sights on

taking cricket

to all parts of

the world

Golfers impress in trip to Bromsgrove



Vale Council support for sports clubs

the Vale or an club-development of delivers, or would like to deliver, sport The development of for local residents?

sports development team coach development and are holding a community volunteer recruitment. club open day/evening on Tuesday, October 18 cabinet member which representatives visible, of your club are invited.

from 3pm to 8pm, during which time your representatives can speak to a member of the team.

The team are able to assist with a range of including Chest areas Community applications – a grant groups/organisations scheme that awards who wish to develop financial support to sporting activities. organisations proposing ideas for getting people in the Vale of Glamorgan more active, more often – deadline is November 10.

Other areas of funding valeofglamorgan.gov.uk.

ARE you part of a are also able to be sports club within discussed, as well as

or local residents? school-club links can The Vale Council's also be raised, as can

Coun Gwyn John member for leisure and regulatory services Members of the team commented: "Our teams will be at Barry YMCA at sports development Hub, Court Road, Barry, and play have a love of sport, and a passion for increasing the number of people taking part in sports and play opportunities across the Vale of Glamorgan."

The information drop in session is open to all

Any interested groups should contact Rachel Shepherd, Sports
Development, on 07730
749485m or by e-mailing
r l s h e p h e r d @

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2015 FORD TRANSIT Custom

Special Olympics Llantwit Major who took
Wales golfers set off
from their home
club of St Andrews

Lantwit Major who took
the gold medal place in
nine hole Division 3
competition.

We now return to St the Olympics Midland

Midland tournament, to be Hastings.

The golfers would like this opportunity following day.

First to tee off were the 18 hole Division 1 players made up of our own Matthew Sims from Cardiff, Sam Lazenbury (Barry) and Matthew Prewett (Lavernock).

The competition was very close with Sam Lazenbury taking the title by one stoke with a round of 95, from second

the nine competition, Division 1, please with another closely Savory

Our final golfer was Lloyd.

SUNDAY saw seven Adrian Abbott from Special Olympics Llantwit Major who took

We now return to St Major Golf Club for Andrews Major Golf Special Club to prepare for our West next competition under golf the watchful eye of golf

> the to take this opportunity to thank the members and staff of the St four Club for the warm from welcome they receive at the club every week.
>
> If anyone is interested

in taking part as an athlete or volunteer, the sports we cover within Special Olympics Cardiff & Vale group are badminton, bocce, place Matthew Sims 96 boccia, indoor bowls, and in third place golf, artistic gymnastics Matthew Prewett. golf, artistic gymnastics sprint kayaking, 10-pin sprint kavaking, 10-pin Our next golfers were bowling and swimming hole for more information contact Jeff via: fought competition with specialolympicswales@g only four strokes mail.com or 0780 316

only four strokes mail.com or 0780 316 between the first and 5581.

fifth places - James Savory was fourth, Mark are: Matthew Prewett, Eveleigh sixth and Gareth Lloyd in seventh place, all three are from Barry.

One first to right, 32 wory, Mark Eveleigh, Adrian Abbott, Sam Lazenbury and Gareth

GLAMORGAN FOOTBALL **LEAGUE ROUND-UP**

VALE OF

ANOTHER excellent weekend in the Vale of Glamorgan league saw a mixture of nervy wins, upset wins and one crazy scoreline.

In the Premier Division Penarth Town produced an fine result to win 3-2 away to Barry Athletic

St Athan also produced a great result on their travels, edging Rhoose 1-0.

The results keep the pressure on still-undefeated Vale United who made it eight wins out of eight in all competitions with a 2-0 victory away to Dinas Powys Athletic.

Island Marine notched their first win of the season with an impressive 5-1 league win over Masons Moving Group who find themselves bottom of the

In the First Division Barry Athletic B went back to the top with a mammoth 10-0 drubbing of bottom side Glen-

FC Pumas got back to winning way after two draws, winning 6-1 against Cadoxton Barry to go second.

Cogan were victorious 3-1 against Dockers that's two on the bounce in the league for the first division champions but Dockers are without a win in three.

Cadoxton Athletic

against Sully in an entertaining game in somewhat of an upset an tremendous win for Athletic.

In Division Two an incredible 15 goals were scored in one game, in the battle of the Saints, Barry Saints won 10-5 away to St Athan B.

BVFC bounced back from a massive defeat in the cup last week to edge Penarth B 3-2. halting Towns run of four wins in a row.

Barry Albion had lost five in a row in the league but they battled to a 3-3 draw against Island Marine B their indifferent form continuing.

Finally in the battle of the bottom two, Rhoose B and Pumas B, played out a 1-1 draw.

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The Cardiff

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donated four boxes of

recycled sportswear to the Wales Lord's Taverners to used in

projects across the world.

In the past 12 months, more than 5,500 pieces of kit donated by

As of writing the results of Tynewydd vs Cowbridge and SP Billy vs Cardiff Airport were still unknown.

This week's picks of the day look like being Cowbridge vs Penarth in the Premier Division; in the First Division, in what could be the complete stand out, it's first vs second as Barry Athletic B play FC Pumas and in the Second Division league leaders Cadoxton Imps are back in action in a tough test against Island Marine B

AN WORLD

L O C A L benefitted as refugees in cricketing charity Germany have been sent cricket kit as they look to continue their laws of the has thanked a continue their love of the sport developed in their business for giving home countries of recycling Afghanistan programme a big Pakistan. In the past 12 months.

youngsters from around have donated hundreds the world benefit each of kilograms of kit to voungsters across the globe, including to:
Recycling programme Cricket Brazil (310kg);
and thanks to a donation Gambia Cricket
Taverners will be the Taver year from the Lord's youngsters across the Taverners Sports Kit globe, including to: (340kg); Cricket Cricket

kit or equipment, or if your club is willing to become a collection hub, then the Lord's Taverners would like to hear from you. Your donations really do make a has helped young people around the world play cricket for the first time.

Along with supporting projects in countries such unwanted kit, or how a as India, Brazil, Gambia club can become a and Ghana, more collection hub, visit recently youngsters www.lordstaverners.org/closer to home have sportskitrecycling.

Association Mexico Association (305kg) and Rwanda Association (330kg). How can you help? If you have any unwanted

about how to donate unwanted kit, or how a

Bridge results RESULTS for the Vale of Glamorgan

bridge club for October 10: 1st Alan Lewis & Terry Evans 63.07%, 2nd Steve

Burgoyne & John Evans 62.22%, 3rd Vida Halford & Glvn Williams 59.09%.



www.cowbridge-today.co.uk www.llantwit-major-today.co.uk www.bridgend-today.co.uk www.porthcawl-today.co.uk

CTC House, Whittle Road, Leckwith Industrial Estate, Cardiff, CF11 8AT



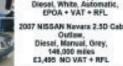


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2012 VOLKSWAGEN Caddy 1.6 TDi C20, Diesel, Manual White, 75,169 miles £4,695 + VAT + RFI

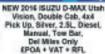






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Jiu Jitsu club members represent Wales in Canada



Lifeguard Karen lands gold treble!

RHOOSE Lifeguard Karen O'Donoghue-Harris recently won three gold medals at the Masters World Surf Life Saving Championships.

Championships were held in the small fishing town of Noordwijk, which sits on the North Sea

in the Netherlands. With tricky sea and wind conditions, Karen's first event was the board race where she got a bronze medal in her age group.

This was quickly followed by a gold medal in the Ski race and Ocean Woman, which is a multidiscipline event consisting of a run, swim, board and ski



leg. The following day was all about team events and. together with her team mates, Karen took gold in the Ski Relay and bronze in

Karen said: "It's been a long season but all the hard work and training has certainly paid off and it's been worth all the effort.

the Beach Relay and Taplin Relay

Barrivale Bridge Club **results**

RECENT results from Barrivale Bridge Club for October 4 were as follows:

First, Lyn Matthews and Alan Jones, 66.15 per cent; second, Mike Close and Mick Green, 59.38 per cent; third, Denis Mottram and Sean Macdougall

Lyn Matthews and Alan Jones also won or handicap.

New members are always welcome at Barrivale. A partner may be arranged if required. If you would like to join us, call 01446 418380, 01446 733425 or 01446 735592; call at the Pioneer Hall, Beryl Road Barry, on Tuesdays at 7pm. Alternatively, players – inexperienced or new – may attend on Fridays at 10am at the same address.

Go to our dedicated sports page for the latest stories and breaking news... @sport_gem

TEN members of the Vale Jiu Jitsu Club based in St **Brides Major** represented Wales at Jitsu International 2016, held in Collingwood, Ontario, Canada this summer.

Jitsu International 2016 was attended by over 250 participants from ten different contries

Despite being based in a small rural village the Vale Jiu Jitsu Club has always punched well above its weight.

Over the last six years it has competed successfully against clubs based in some of the world's biggest cities, winning the team award at the British Innior Iin Iitsu Foundation Randori Championships earlier this year and the Senior

2016, Ontario, Canada

Jitsu International is held every three years and is the most prestigious competition held by the Jiu Jitsu Foundation International

The Vale Jiu Jitsu Club will be defending its title in South Africa in 2019.

Pictured, above, are the senior team: Top row, left to right - Liam Sloan, Tom MacArthur, Jake Walker, Toby Walker Robert Murray Angus Gregory, and the Junior team: Bottom row, left to right - Ellin May, Cerys May, Harriett Thomas, Miles Thomas

If you would like to find out more about the Vale Jiu Jitsu Club contact us at valejiujitsu@gmail.com

Junior golfers in finals at Cottrell Park

SEVENTY FIVE young golfers between the ages of 6-14 took part in the finals of the 2016 Welsh Junior Tour, a suitable climax in a successful first year for the new event in the Welsh sporting calendar.

They qualified for the finals at Cottrell Park, the Welsh Golf Club of the Year for 2015, as a result of their performances at junio tour events over the course of the season.

The junior tour has been so successful this season that the Golf Union of Wales are already planning to extend the event next

In the under-10s section William Pontin for Rhondda carried the day with a great score of 61 points, just edging out junior tour regular Brodi Lewis from Pyle & Kenfig who was second with 60 points.

Michael Collis continued a great day for the Mold juniors with a third place finish. Zak Baker from Llandrindod Wells, Abergele's Jack McKinney and Bargoed's Ryan Williams have been battling it out all season in the under-12s age

group.
On this occasion, Williams came in fourth having been pipped for third by Ralph O'Carroll from nearby St Athan Golf Club.

In the under-14 girls Megan Vineall from Newport continued her run of good form winning by two points from The Vale Resort's Darcey Harry with Kasumi Tran from Tenby in third place

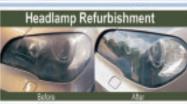




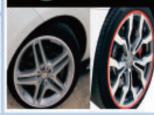
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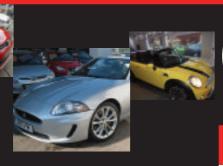
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62	VAUXHALL Insignia 2.0 Diesel SE Nav Automatic In very berry with black trim, 57,000 miles£8,995
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13	KIA CEED 2 1.6 CRDi Auto In silver, 34,000 mile diesel hatchREDUCED TO £8,695
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	25,000 miles, a/c alloys etc £7,995
12	HYUNDAI i30 Active 1.6 Diesel CRD 5-Dr In silver, 38,000 miles, stop/start etc£7,995
12	SKODA Octavia Greenlane 1.6 TDi Estate In metalic sand, 52,000 miles, 1 owner£7,995
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11	VAUXHALL Insignia 2.0 CDTi SRi Estate Automatic In met grey, 58,000 miles, with sat-nav, alloys etc£7,995
10	SKODA Yeti 1.2 TSi SE In aqua blue, 46,000 miles, practical hatch£7,995

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10	AUDI A3 2.0 TDi Sport 5-Dr In black, 82,000 miles, £30 road tax, Fantastic value£7,995
09	MAZDA MX5 1.8i Roadster Coupe In true red, 48,000 miles, solid roof convertible£7,995
58	MERCEDES CLC 200 CDi Diesel Coupe
	Automatic In Silver, heated leather seats etc with only 53,000 miles

62	SUZUKI Swift Sport 1.6 In met-red, 24,000 miles, 1 owner, very sporty£7,495
60	MERCEDES 160 Blue-Efficiency Sport In black, 57,000 miles, amg alloys, bluetooth etc£7,495
62	SEAT Ibiza 1.2 TSi SE 5-Dr Automatic In silver, only 13,000 miles£6,995
12	FORD Focus 1.6 Titanium 5-Dr In silver, 70,000 miles pige example

	Tilles, file example
11	CITREON C4 VTR 1.6 HDi Automatic In silver,
	33,000 miles with panoramic roof£6,995
10	VOLVO C30 R-Design 2.0 Diesel In met grey,
	68,000 mile coupe£6,795
60	EODD Figets 1.2 Zetos F. Dr. In white 22 000 miles

l	with are alloys etc			,,,,,,,,
12	MERCEDES A160 Blue-Efficiency In met blue, 54,000 miles, fantastic v			
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00	68,000 miles REDUCED BY £500 TO £6,495
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	Tilles, with a/c alloys etc				
64	RENAULT	Zoe	Dynami	que Int	ens 5-Dr
	Automatic				
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- owners£4,295 08 FORD Focus 2.0 Titanium 5-Dr Automatic In met grey, 51,000 miles, local car£4,295
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- FORD Fiesta 1.2 Zetec (New Shape) 3-Dr In black, very nice example at 62 SUZUKI Alto 1.0 SZ3 5-Dr In silver, 60,000 miles,
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Athletic deny spirited Nantymoel in the Plate



Chris Walker scores for Bridgend Athletic. All pictures by GLENNSPORTS.

BRIDGEND Athletic of Division 1 West Central had overcome a spirited aggressive Ñantymoel side from Division 2 Central egged on a large vociferous crowd to progress to round two of the Swalec Cup competition with a

32-7 victory.

The Athletic gave a debut to young scrum half Hywel Williams, whose father Danny Williams also played in that role for the Athletic.

The youngster gave a competent display of passing and as his confidence grew made a series of snipes and useful box kicks for a pleasing performance debut

The Athletic with good ball carrying by locks man of the match Griff Davies and Jonathon Stoker took the game to Nantymoel from the off.

Good running by centres Garin Lougher and Chris Price saw the ball slipped to supporting flanker and captain Ben Howe who crashed his way over close to the posts after five minutes play. Full back Dan Howells

league win of the season.

any rhythm.

Cefn didn't start at their usual pace

and were finding it difficult to form

The visitors took the lead midway through the first half with a well-worked goal from midfield which the visitors' striker tucked away neatly

into the bottom corner.

Cefn started the second half much

better keeping the ball and making the visitors work hard to get it back, Tom

Harris had a great chance to equalise

when we were awarded a penalty but

The equaliser wasn't long coming, though...We were awarded a free kick

he was unable to convert.

corner, to pull us level.

The Athletic were trying to run from deep and were frustrated by a

good home offence.

When they did keep the ball tight with a number of drives at the Nantymoel try line they were rewarded with a penalty which Howells converted.

Nantyfyllon came more into the game and were unlucky in the 37th minute when a potential long try-scoring pass on the Athletic try read by Athletic wing Chris Walker, who intercepted, and there was no way of catching the speedster as he ran the length of the field to dive over under the Howells converted to extend the

Athletic's lead to 17-0. Undaunted the home side went straight back into the Athletic 22 and crossed for a deserved try from scrum half Connor Walker converted by outside half Rvan Davies with

the final move of the

half Athletic coaches John Apsee, Gavin Thomas and Stuart Morris read the riot act at half-time for the Athletic playing too loose and trying to run the ball from too deep without tying in the opposition defence. This led to a more clinical

second half approach. Playing down the Cefn Cribwr grab

their first home

league win of season

CEFN CRIBWR welcomed We introduced young fresh legs in Cardiff Airport to Cae Gof, the form of 17-year-old Dan Harris

searching for their first home James and he made an instant impact

some 25 yards out and Curtis Grant hit supporters for again turning out in a sublime shot over the wall into the far numbers!

on the game.





the Athletic slope entered more of a kicking game for field position before releasing their backs.

To this effect full ack Dan Howells provided a master class of 50 metric 50 metre touch ders to keep finders Nantymoel on the

defensive.
After 50 minutes
Athletic outside half Michael Hathaway went on a mazy sidestepping run from 40 metres out and handed a try on a plate to the excellent supporting No 8 Stuart Edbrook. Howells converted and kicked a second touchline penalty to extend the Athletics lead to 27-7

10 minutes remaining

With seven minutes to go he chased

He continued into the box and hit a

lovely pass to Duffy who squared it to

Tom who made amends for his penalty

miss by placing it in the corner for

exerted on Cardiff was more than enough to justify Cefn's first home

Cefn development grabbed

deserved point Llanharan with a 3-3

Cefn would like to thank all the

three points of the season.

The second half pressure Cefr

what proved to be a deserved winner.

down a lost cause down the right and

took the ball off there defender.

had led by example throughout took a quick tap penalty 40 metres

The ball was quickly worked along the line where replacement Liam Phillips released wing Chris Walker 30 metres out with plenty of work to do.

Using his speed and side stepping skill he went over in the corner for his fifth first team try of the season and eighth senior try to head the Athletic's try scorers for the season and increase

the lead to 32-7.

The home side's frustration boiled over and two fracas inside two minutes saw the game finish with two yellow cards to the Athletic and one to Nantymoel.

The home side never The home side never to Ystalafera this gave up and were Saturday, October 15, desperately trying to followed by another salvage another score and dominated the Sisters on October 22. closing session.

However despite being awarded a series of five metre scrums were thwarted as the excellent front row of props Matt Muir and Zach Evans and hooker

Simon Mustoe back on for Lee Murphy for Lee Murphy continually drove the home pack backwards to invoke penalties for the Athletic.

Athletic's determination to keep their line intact was highlighted by the aggressive back row tackling of flankers Howe and Scott Griffith, replacement Rory Thomas and No 8 Stuart Edbrook and wing Harry Griffiths, as the Athletic ran out 32-7 victors.

It is back to Division 1 West Central league action with an away trip Ystalafera

Cup encounter match of their own after Josh Davies, who had a very good match for the home of Bridgend Sports side, had made the initial generously inroads into the Seaweeds defence However, the kick sailed to the right of the posts. scoring machine called Porthcawl the

Porthcawl edge

Sports in titanic

for this second round match in the Bowl competition. Yet, ironically it was the home side that secured the only try of an absorbing match, with the Seaweeds just hanging on for the spoils of half-time.

No.8 Tom Butcher, a in a game of two contrasting halves.

On an afternoon providing perfect perfect conditions for running rugby, the Seaweeds drew first blood as centre Sean Wilcox make a fine midfield break through the home defence and when he was halted, at the ensuing ruck, Sports fell offside. Fly-half Josh White kicked the penalty penalty and 0-15.

for a 0-3 lead. Sports themselves missed a glorious opportunity to level almost immediately with a penalty shot that fell

THE

RFC'

programme

welcomed 'a try

to

Bandstand Field

Porthcawl With playing a high tempo game and their pack setting the platform for several forays into home territory, aided by a swift service from scrum half Ross Parsons,

Sports again yielded a penalty and White duly slotted the goal from 35 metres to make it 0-6.

Sports stepped up to the plate and tried to play good rugby themselves with wing Jack Evans roaming and doing his best to get

things moving.

However, Seaweeds kept up the pressure and when loose-head Tim Lunn stormed through on a charging run, again the home side fell foul of the referee, for White to kick a similar goal to the previous one – this time from 38 metres for 0-9.

Again, Sports had a chance to get a penalty

White's phenomenal goal-kicking has been a feature of Porthcawl's scoring this season and when he landed his fourth penalty, a monster kick from 48 metres, it seemed that Sports were destined to hand over easy points, with the score at 0-12 just short

huge presence for Porthcawl, damaged a Portheawl, damaged a knee and had to leave the proceedings before the half ended, replaced by Dai James, yet this didn't seem to compromise the visitors and it wasn't long before white great provided. White again punished Sports with his fifth

Sports managed to pull back a penalty at last, just before the break and one wondered whether this might inspire them for the send half, as they are a side that never stops playing and the came back to win at South Road earlier in the season.

White wasn't haven't any of it though, as he kicked his sixth penalty for 3-18 shortly after half time and the match seemed never to be destined to go Sports

way at all.

Yet it all started change as Sports got their act together and started to force the Seaweeds into errors

Realising that they too could boss proceedings, Sports started to get well into the match and only a massive clearing kick from Parsons denied the home side a possible

scoring opportunity.

Not to be denied, Sports got their just reward as Porthcawl's usually reliable defence lapsed momentarily and the converted try took

possibility comeback similar to that with which they won the earlier league match at Porthcawl.

Porthcawl brought on reinforcements in James Burge-Davies for Dai Gavin James and Williams for Anthony Griffiths, with the momentum certainly now with the home side, and when a second Sports penalty reduced the score to 11-18 and just one score behind, it Porthcawl was supporters starting to feel the heat.

Wilcox left the centre for Porthcawl, replaced by Jake Thomas and Mike Gulley joined the fray in the front row to steady the scrum somewhat.

Josh White had a rare second half opportunity to snatch some further points and push the Seaweeds further ahead with time running out but his kick from the Sports' 10 metre line fell short

With both sides giving it everything to the finish, the Seaweeds ran out relieved winners, 18-11, to end a match which was played in a great spirit, hard but fair and was a credit to both

Anthony Griffiths and Matt Davies both had big games for Porthcawl upfront, with Bluck and Gareth Rees constantly probing for openings

Porthcawl will need work hard at training during this week as they travel away vet again on Saturday, returning to ague action at Baglan.

PORTHCAWL SECONDS 19, BRIDGEND **SPORTS** SECONDS 24

Porthcawl's second string put up another good performance and led for much of the match before Sports finally got in front to take the spoils.

For the home side, tries were scored by Steve Phillips, Lloyd Turner and Matthew Cooke. Phillips and Jack added Power conversion each.

First team manager Ian MacDonald took charge of the side for this match and was particularly pleased with the effort they put in throughout, which holds them in good stead going forward.

Bridgend Bridge Club news

cheese and wine being provided.

The evening will be a 'pro/am' format, with more experienced players partnered with improver/ intermediate level players, pairings to be determined on the night.

Anyone wishing to play with their regular partner is welcome to attend, but will not be entered in the cup competition.

The evening will be an agreeable social event, including a raffle, with the added exciting element of competitive bridge. All are welcome to what will be a very enjoyable evening. The named charity this year is the Samaritans.

BRITISH AUTUMN SIMS

Congratulations to Tony Ratcliff and Julian Pottage who won the club heat of the British Autumn Sims, coming third out of 984 pairs

nationally.

Tony and Julian frequently feature at or towards the top of the national rankings in Sims competitions, so very well done to them.

RECENT RESULTS

GB The results for recent events at Bridgend Bridge

PRESIDENT'S Cup and charity evening Club were: Wednesday, October 5: First, Tony will be held on Friday, October 14 with cheese and wine being provided.

Club were: Wednesday, October 5: First, Tony Warden and State and Julian Pottage; second, Marjorie Morris and Ann Fox; third, Tony Disley and Steve Burgoyne. The winners on handicap were Marjorie Morris and Ann Fox.

Thursday, October 6: First, Steve Burgoyne and Stuart Davies; second: Dennis Smith and Wendy Bailey; third: Eileen Mahoney and Geoff Barnett The winners on handicap were Steve Burgoyne and Stuart Davies.

Friday, October 7: First: Norma Newman David Newman; second: Andy Robertshaw and Bill Turner; third, Vida Halford and Glyn Williams. The winners on handicap were Norma Newman and

Regular club nights take place on Wednesday and Friday evenings at Nolton Church Hall. Play is scheduled to begin at 7pm, so it helps if players arrive at least 10 minutes early.

On Thursday afternoons at 2pm, also at Nolton Church Hall there is a gentle bridge session. Master points are awarded, but it remains a relaxed occasion where players enjoy their bridge.



FRUSTRATION AS POINTS ARE DROPPED IN QUALIFIERS...



Two draws see Wales stumble on the road to World Cup 2018



Action from Vienna as (above) Sam Vokes celebrates Kurt Wimmer's own goal after Marko Arnautovic (below) had levelled the scores for Austria.



by GARETH JAMIESON

better but we can't fight

It started so well for

any harder than that

Wales, when, after an opening that saw both

volley beat the Austrian

goalkeeper Almer to

send the near 4.000 away supporters into

their showing in the Euros was pretty poor,

the fact that they went

into this game having

won their past 10 qualifiers and were also

unbeaten in competitive matches at home since

2012 showed how difficult a side they

would be to defeat.

If Wales rode the

storm of the expected

were undone when a

dink over the defence

Wayne Hennessey, the

Austrians deservedly

saw Arnautovic nod past

home pressure well after taking the lead, they

raptures

started their road to Russia with an emphatic 4-0 win over Moldova last month, Wales' next two games represented different tests.

An away trip to Group D's second seeds Austria represented the toughest test, arguably of the campaign as a whole, last Thursday, before a home date with Georgia at the Cardiff City Stadium on Sunday

It says much about the way Wales have developed under Chris Coleman that you can view a middling performance in Vienna, which saw Wales twice take the lead, and a wellearned point as slightly disappointing.
However, Coleman

was quick to admit after the game that: "If you can get something when you are not at your best it is a good sign. We made trouble for ourselves, that's not like

levelling matters.

Austria's manager Marcel Koller had claimed that Wales' Euros success was down to 'luck', so it was ironic that luck played a part in

Wales retaking the lead. James Chester's header from Bale's long throw (a new weapon in the Welsh arsenal) was saved by Almer, only for the ball to ricochet off Kevin Wimmer and

creep into the net. At 2-1 Wales had arguably ridden their luck a little, but the key was to see out the first half and then start the second on the front foot.

However, Arnautovic asn't paying attention to that, and when Chester failed to control Allen's weak pass, the Stoke City winger took full advantage and pegged Wales back for a second time.

It was a case of backs to the wall after that, both teams having halfchances to go in front but these were not taken. and it was Wales who were arguably the happier of the two teams come the final whistle, a result that saw all the teams in the group (bar Georgia and Moldova) locked on four points

On to Sunday, and with another sell-out crowd at the Cardiff City Stadium, expectations were that, having put in the hard work in Vienna, Coleman's team would



The Canton Stand was magnificent in its support on Sunday, but the boos at full-time from small minority in the Cardiff City Stadium were unwelcome.

ALL PICTURES BY HUW EVANS AGENCY

put the other 'minnows of the group, Georgia, to the sword in much the same way they had Moldova last month.

It seemed all was going to plan when Bale headed home from Joe Ledley's pinpoint corner in the 10th minute, the early goal that had proved so hard to come by the previous month coming with relative

However, Wales' need to put their opponents to the sword and grab what would likely have been a decisive second goal proved fruitless.

Wales' passing game was sloppy, with many passes going straight out of play, and the route one approach of playing the ball high to Sam Vokes yielded little that was positive.

It was a strangely flat and lifeless performance, the first half petering out with the Welsh doing little to double their lead and the visitors offering stubborn resistance.

The second half didn't prove to be much better, the much-needed intensity from Coleman's team lacking and Georgia, sensing the home side's torpor, decided to take the game to their hosts, flooding the midfield and putting pressure on a Welsh back-line that, yet again, formidable unit of recent

games.
When Georgian pressure led to a cross into the box, it was Tornike Okriashvili who benefited, the Welsh defence static as he headed home to level the scores and stun the

To say it was a shock would be unfair, as the Georgians had looked the team most likely to score, and the goal drew a boisterous reply from the 32,000 fans as they tried to boost the home



The ecstasy and the agony... Gareth Bale heads Wales in front (left) and feels the frustration at the final whistle.

players

For all the chanting, shouting and screaming, it went from bad to worse as Wales were outplayed by the visitors, and while the men in red threw everything at the Georgian defence, it was the latter who had the clear-cut opportunities to win the game, Levan Mchedlidze shooting wide when one-on-one with Wayne Hennessey and Valeri Kazaishvili hitting the bar

As the final whistle blew, any sense of surprise that Wales had failed to take the three points was tempered by a performance that came nowhere near deserving a victory and, arguably, one where the point earned could be seen as fortunate

While neither erformance in these latest qualifiers was a great one from Chris Coleman's team, and while both games earned a point, the difference between these two results is clear.

To have gained a draw in the tricky environment of Vienna was a great point; to have been held, and outplayed, by a Georgia side who, although better than their world ranking of 137th suggests, should have been beaten, is a case of two points dropped.

As Serbia and the

Republic of Ireland moved into the top two places on Sunday evening, two points clear of third-placed Wales, the enormity of the task next month at home to Serbia now sinks in

Three points are a must in a match that should hopefully see the return of both Aaron Ramsey and Joe Allen (who missed the Georgia game with a hamstring injury).

But as much as those players returning would provide a major fillip, both Coleman and the team need to look at what hasn't worked so far in these qualifiers and rectify it as soon as possible.

The defence has

looked creaky, our normally fluid passing game sloppy, and while Sam Vokes is a greater goal threat, Hal Robson Kanu's ability to hold up the ball and bring players into the game needs to be used

Coleman himself wasn't shy about tackling the subject head on in his post-match press conference: "We've had a little slap around the back of the head to say. 'Hold on, it's not all plain sailing'. We looked fatigued, we looked disjointed... (but) I'd have been amazed if we'd gone through the campaign without a

blip."

It would also help that

the team aren't subjected to catcalls and jeers as they were by a small minority on Sunday

evening. Yes, the result wasn't what was hoped for and the performance certainly wasn't a particularly good one, but the booing was out of place and xcusable.

Perhaps it's the groundswell of post-Euro 2016 support that has seen those who were swept along by Wales' success snap up the tickets that are likely to see all the home qualifiers sell-out; these fans are used to Wales winning so anything less than that is met with apathy or misplaced

However, for those fans who have sat through the dark days of losing 5-1 at home to Slovakia, who travelled to Novi Sad to see us thumped 6-1 by Serbia, this result wasn't the end of the world – it was, as Coleman said, a 'blip' and one that will hopefully be forgotten about next month.

We're only three games into the qualifying group and there's plenty more twists and turns before all is said and done but three points next month would be the perfect medicine to cure the lethargy of Sunday.



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